

SPALDING SPECIAL SCHOOL FEDERATION

NEW LUNCHTIME MENU

WEEK 1

		Monday	Tuesday	Wednesday	Thursday	Friday
22 – 26 April 2019	M		Cheese & Jacket Potato with Beans	Sausages, Mashed Potato & Vegetables	Chicken & Pesto Penne Pasta with Salad	Ham Pizza with Oven Chips & Low Salt Beans
	V		Cheese & Jacket Potato with Beans	Quorn Sausages, Mashed Potato & Vegetables	Quorn Pesto Penne with Salad	Cheese & Tomato Pizza, Oven Chips & Beans
	G		Dairy Free Cheese, Jacket Potato with Beans	Gluten Free Sausages, Mashed Potato & Vegetables	Chicken with Dairy Free Pesto & Salad	Ham & Dairy/Gluten Free Cheesy Tortilla, Oven Chips & Beans
	S		Five Bean Salad	Tomato & Olive Pasta Salad	Tuna & Sweetcorn Pasta Salad	Pesto Pinwheels
	D		Oat & Raisin Cookie	Mandarin Cheesecake	Fruit Salad & Yoghurt	Shortbread & Milk

WEEK 2

		Monday	Tuesday	Wednesday	Thursday	Friday
29 April – 3 May 2019	M	Sausages with Jacket Potato & Beans	Tuna & Sweetcorn Pasta Bake	Herby Garlic Chicken, Mashed Potato & Peas	Chilli Beef & Rice with Homemade Coleslaw	Fish Fingers, New Potatoes & Peas
	V	Quorn Sausage with Jacket Potato & Beans	Creamy Mushroom Pasta Bake	Herby Garlic Quorn Pieces, Mashed Potato & Peas	5 Bean Chilli & Rice with Homemade Coleslaw	Red Pepper Frittata, New Potatoes & Peas
	G	Hargrave's Sausage, Jacket Potato & Beans	Mushroom & Pepper Pasta Bake	Herby Garlic Chicken, Mashed Potato & Peas	Chilli Beef & Rice with Homemade Coleslaw	Free From Gluten Fish Fingers, New Potatoes & Peas
	S	Olive, Pepper & Pasta Salad	Sausage or Egg Salad	Cheese & Lentil Tart	Egg & Bacon Burrito	Roasted Vegetable Cous Cous
	D	Chocolate Cookie & Milk	Rhubarb & Apple Crumble with Custard	Butterscotch tart & Cream	Fruit Salad & Yoghurt	Creamy Semolina & Strawberry Jam

WEEK 3

		Monday	Tuesday	Wednesday	Thursday	Friday
6 – 10 May 2019	M		Cheese & Jacket Potato with Beans	Sausages, Mashed Potato & Vegetables	Pasta Bolognese with Garlic Bread	Fish Fingers, Mushy Peas & Homemade Wedges
	V		Cheese & Jacket Potato with Beans	Quorn Sausages, Mashed Potato & Vegetables	Quorn Bolognese with Garlic Bread	Fish Fingers, Mushy Peas & Homemade Wedges
	G		Dairy Free Cheese, Jacket Potato & Beans	GF Sausages, Mashed Potato & Vegetables	GF Pasta Bolognese with Garlic Bread	GF Fish Fingers, Mushy Peas and Homemade Wedges
	S		Pasta Salad	Pepper & Hummus Salad Wrap	Sausage or Egg Salad	Homemade Sausage Rolls
	D		Flapjack & Milk	Shortbread & Yoghurt	Chocolate Brownie	Rice Pudding and Peachy Compote



Mains / Vegetarian / Gluten-Dairy Free / Salad / Dessert

Please see the Allergens Chart on our website www.spaldingspecialschools.co.uk