



# Health & Safety Policy

<b>Policy Code:</b>	HS3
<b>Policy Start Date:</b>	December 2024
<b>Policy Review Date:</b>	December 2025

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## **1. Introduction**

### **1.1 Policy Manual:**

- 1.1.1 This Health and Safety Manual has been prepared by Worknest on our behalf and with our involvement. It contains our Health and Safety Policy as required by the Health and Safety at Work Act 1974 and it defines the way we manage the health and safety hazards and risks associated with our business, premises and activities.
- 1.1.2 CIT Academies are committed to managing health and safety effectively to protect our employees and other persons with whom we interact because we recognise that we have not only a moral and legal duty but also that our employees are our greatest asset.
- 1.1.3 Our Health and Safety Policy Statement sets out our commitment and the objectives we aspire to in managing health and safety. It is signed by the most senior person in our organisation to demonstrate that our commitment is led from the top.
- 1.1.4 Our approach to managing health and safety will be pragmatic and proportionate and will be prioritised according to risk with the objective of maintaining continuous improvement. We accept that we cannot eliminate risk from everything we do but we can manage risk in such a way that exposure to hazards is controlled as far as is reasonably practical.
- 1.1.5 We recognise that improvement in health and safety will not happen by chance and that planning to manage using a systematic approach through risk assessment is a necessary first step and an ongoing process. In moving forwards, we will wherever possible eliminate risk through selection and design of buildings, facilities, equipment and processes. Where risks cannot be eliminated they will be minimised by the use of physical controls or, as a last resort, through systems of work and personal protection.
- 1.1.6 Our success in managing health and safety will be measurable and we look to establish performance standards against which we can monitor our progress to identify future actions to go into our improvement programme.
- 1.1.7 Based on our performance measurement in the form of accident monitoring, internal monitoring and external audits we will review our health and safety arrangements periodically and at least annually. The results of our measurement will be recorded and presented to the Board in our Annual Report.

### **1.2 Policy Review:**

- 1.2.1 This Health and Safety Policy will be reviewed annually by Worknest Ltd in conjunction with our nominated responsible person.
- 1.2.2 As each review is completed it will be signed off by the consultant from Worknest and confirmed by our nominated responsible person (at the end of the document).

### **1.3 Document Control:**

- 1.3.1 The electronic copy of the Health and Safety Policy provided by Worknest will remain the controlled copy. Where further controlled copies are required then these should be issued accordingly and added to a register of controlled copies. Any amendments made to the policy will be provided for each of the controlled copies to ensure all controlled copies in circulation remain up to date.
- 1.3.2 If uncontrolled copies of the policy are printed either in whole or part, or if uncontrolled electronic copies are issued, then these will be clearly marked as an 'UNCONTROLLED COPY'.

Copy Number or Reference	Signed for by (Name/Job Title)	Signed & Dated	Location kept
			<b>Ambergate</b> - Dysart Road, Grantham, NG31 7LP
			<b>Billingborough Primary School</b> - Victoria Street, Billingborough, Sleaford, United Kingdom, NG34 0NX
			<b>Bingham</b> - 50 Burrows Drive, Bingham
			<b>Boston Endeavour</b> - Kitwood Road, Boston
			<b>Bowman Academy</b> - Butthole Lane, Shepshed, Loughborough, LE12 9BN
			<b>Caythorpe</b> - High Street, Caythorpe, Grantham, NG32 3DR
			<b>Chapel St Leonards</b> - Amery Way, Chapel St Leonards, PE24 5LS
			<b>CIT Support HUB</b> - Warwick House, Long Bennington Business Park, Long Bennington, NG23 5JR
			<b>Foxfields</b> - Hospital Lane, Blaby, LE8 4FE
			<b>Greenfields</b> - Great North Road, Grantham, NG31 7US
			<b>Isaac Newton</b> - Dysart Road, Grantham, NG31 9DG
			<b>LEARN SEND Hub</b> - Warwick House, Long Bennington Business Park, Long Bennington, NG23 5JR
			<b>Linchfield</b> - Deeping St James, Crowson Way, PE6 8EY
			<b>Poplar Farm</b> - Helmsley Road, Grantham, NG31 8XF
			<b>GANF Sandon Campus</b> - Sandon Close, Grantham, NG31 9AX
			<b>St Paul's Primary &amp; Nursery School</b> - Queen's Road, Spalding, PE11 2JQ
			<b>Tulip Academy – Springview</b> - Pinchbeck Road, Spalding, PE11 1QF
			<b>Tulip Academy - Waterside</b> - Neville Avenue, Spalding, PE11 2EH
			<b>Woodlands Academy</b> - Partney Road, Spilsby, PE23 5EJ

1.4 Amendment Record:

- 1.4.1 Any amendments made to the Health and Safety Policy will be recorded in section 15 of this policy with information on changes made.
- 1.4.2 Where significant changes are to be made which could impact on the school or our students, we will consider the reasons for change, potential problems and how it will be implemented.
- 1.5 Legislation:
  - 1.5.1 Extracts of relevant legislation are provided for ease of reference on the Worknest webpage. Full copies of relevant legislation are available on the Office of Public Sector Information web page ([www.opsi.gov.uk](http://www.opsi.gov.uk)) and the National Archives ([www.legislation.gov.uk](http://www.legislation.gov.uk)).
- 1.6 Guidance:
  - 1.6.1 Guidance on a number of health and safety issues can be accessed by logging onto the Worknest webpage which we hope you will find useful as a quick reference source.
  - 1.6.2 Should you require further advice or assistance not available here then remember that advice on any health and safety issue is available from the Worknest advice line - Tel: 0345 226 8393.
- 1.7 Form:
  - 1.7.1 Relevant forms and templates that may be utilised can be accessed by logging onto the Worknest webpage.

## **2. Health & Safety Policy Statement**

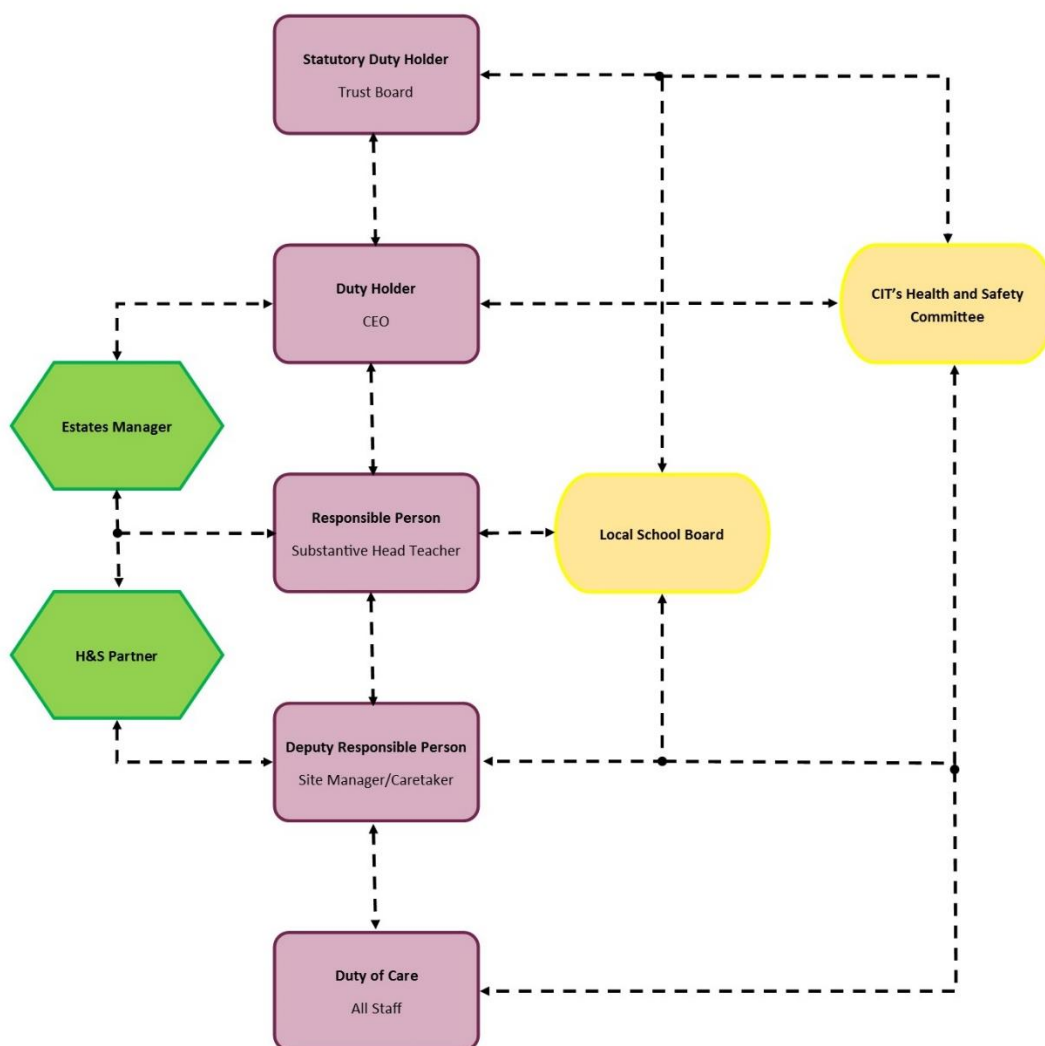
- 2.1 CIT Academies recognises that it has a legal duty of care towards protecting the health and safety of its employees, pupils and others who may be affected by each school's activities. In order to discharge its responsibilities, the management of each school will:
  - 2.1.1 Bring this Policy Statement to the attention of all employees,
  - 2.1.2 Carry out and regularly review risk assessments to identify proportionate and pragmatic solutions to reducing risk,
  - 2.1.3 Communicate and consult with our employees on matters affecting their health and safety,
  - 2.1.4 Comply fully with all relevant legal requirements, codes of practice and regulations at International, National and Local level,
  - 2.1.5 Eliminate risks to health and safety, where possible, through selection and design of materials, buildings, facilities, equipment and processes,
  - 2.1.6 Encourage staff to identify and report hazards so that we can all contribute towards improving safety,
  - 2.1.7 Ensure that emergency procedures are in place at all locations for dealing with health and safety issues,
  - 2.1.8 Maintain our premises, provide and maintain safe plant and equipment,
  - 2.1.9 only engage contractors who are able to demonstrate due regard to health & safety matters,
  - 2.1.10 Provide adequate resources to control the health and safety risks arising from our work activities,
  - 2.1.11 Provide adequate training and ensure that all employees are competent to do their tasks,
  - 2.1.12 Provide an organisational structure that defines the responsibilities for health and safety,
  - 2.1.13 Provide information, instruction and supervision for employees,
  - 2.1.14 Regularly monitor performance and revise policies and procedures to pursue a programme of continuous improvement.

2.2 This Health and Safety Policy will be reviewed at least annually and revised as necessary to reflect changes to the school activities and any changes to legislation. Any changes to the Policy will be brought to the attention of all employees.

**3. Organisation for Health & Safety**

3.1 The overall responsibility for health and safety rests at the highest management level. However, it is the responsibility of every employee to co-operate in providing and maintaining a safe place of work.

3.2 This part of our policy allocates responsibilities to line managers to provide a clear understanding of individuals’ areas of accountability in controlling factors that could lead to ill health, injury or loss. Managers are required to provide clear direction and accept responsibility to create a positive attitude and culture towards health and safety.



3.3 The following positions have been identified as having key responsibilities for the implementation of our health and safety arrangements.

- 3.3.1 Trust Board
- 3.3.2 CEO
- 3.3.3 Local School Board
- 3.3.4 Substantive Head Teacher
- 3.3.5 Estates Manager
- 3.3.6 Site Manager/Caretaker
- 3.3.7 Curriculum Leaders
- 3.3.8 Fire Marshals
- 3.3.9 Health and Safety Partner - WorkNest
- 3.3.10 CIT's Health & Safety Committee

#### **4. Health & Safety Responsibilities**

- 4.1 The Trust Board has the ultimate responsibility for the Health and Safety throughout the Trust. It discharges this responsibility via the CEO who in turn discharges to Substantive Head teacher with support via the Estates Manger and Health and Safety Partner. The Trust Board has nominated the CEO to have strategic responsibility for health and safety. The Trust Board will ensure that:
  - 4.1.1 They provide a lead in developing a positive Health and Safety culture throughout the Trust,
  - 4.1.2 Any decisions reflect its Health and Safety intentions,
  - 4.1.3 Adequate resources are available for the implementation of Health and Safety,
  - 4.1.4 An effective management structure for the implementation of Health and Safety is established,
  - 4.1.5 They will promote the active participation of employees in improving Health and Safety performance,
  - 4.1.6 They review the Health and Safety performance of the Trust annually and plan safety improvements for the following year.
  
- 4.2 The Local School Board have a strategic role in the running of their school including the management of health and safety. The Local School Board will ensure within their school that:
  - 4.2.1 They provide a lead in developing a positive Health and Safety culture throughout the school,
  - 4.2.2 Any decisions reflect its Health and Safety intentions,
  - 4.2.3 Adequate resources are available for the implementation of Health and Safety,
  - 4.2.4 An effective management structure for the implementation of Health and Safety is established,
  - 4.2.5 They will promote the active participation of employees in improving Health and Safety performance,
  - 4.2.6 They review the Health and Safety performance of the school annually and plan safety improvements for the following year,
  - 4.2.7 Health and safety objectives are set across the whole school and for each department,
  - 4.2.8 Standards of health and safety are set across all areas,
  - 4.2.9 A health and safety plan of continuous improvement is created and monitored for progress against agreed targets,
  - 4.2.10 A risk management programme is developed and implemented across the school,
  - 4.2.11 Senior management are competent to fulfil their health and safety responsibilities and that effective training programmes have been put into place,
  - 4.2.12 A system of communication and consultation with employees is established via the Health and Safety Committee,

- 4.2.13 Monitoring systems are in place to monitor the effectiveness of the school's risk control,
  - 4.2.14 Health and safety policies and procedures are reviewed in light of the results of internal and external audits,
  - 4.2.15 Actions required by enforcing authorities are programmed and included within health and safety plans to ensure legal compliance.
  - 4.2.16 Appoint a named Health and Safety Governor.
- 4.3 The Substantive Head Teacher has overall responsibility within their school for ensuring compliance with Health and Safety legislation. The Substantive Head Teacher will ensure that:
- 4.3.1 CIT Academies Health and Safety Policy is implemented and communicated effectively,
  - 4.3.2 A health and safety plan of continuous improvement is created and the Local School Board monitor progress against agreed targets,
  - 4.3.3 Suitable and sufficient funds, people, materials and equipment are provided to meet all health and safety requirements,
  - 4.3.4 Management designated with health and safety responsibilities are provided with support to enable health and safety objectives to be met,
  - 4.3.5 A positive health and safety culture is promoted, and that management develop a pro-active safety culture which will permeate into all activities undertaken and reach all personnel,
  - 4.3.6 A system of communication and consultation with employees is established,
  - 4.3.7 Effective training programmes have been put into place,
  - 4.3.8 An annual report on the safety performance of the school is presented to the Local School Board.
- 4.4 The Site Manager/Caretaker will ensure within their school that:
- 4.4.1 School buildings and plant are maintained in accordance with CIT Academies Health and Safety Policy,
  - 4.4.2 Records of servicing and maintenance are retained and kept up to date,
  - 4.4.3 Contractors engaged are reputable, can demonstrate a good health and safety record and are made aware of relevant local health and safety rules and procedures,
  - 4.4.4 Safe systems of work are developed and implemented,
  - 4.4.5 Risk assessments are completed, recorded and regularly reviewed,
  - 4.4.6 They communicate with staff on health and safety issues relating to building maintenance and the work of contractors,
  - 4.4.7 They encourage staff to report hazards and raise health and safety concerns,
  - 4.4.8 Statutory examinations are planned, completed and recorded,
  - 4.4.9 Any safety issues that cannot be dealt with are referred to the Head of School/ Head Teacher for action,
  - 4.4.10 Welfare facilities provided are maintained in a satisfactory state.
  - 4.4.11 Agreed safety standards are maintained particularly those relating to housekeeping.
- 4.5 Curriculum Leaders will ensure that in their areas of control:
- 4.5.1 They actively lead the implementation of the Health and Safety Policy,
  - 4.5.2 They supervise their staff to ensure that they work safely,
  - 4.5.3 The completion of written risk assessments of teaching practices and activities including equipment and substances; that any general advice on safety matters given by the DfE, Local Authority and other relevant bodies in relation to the school are implemented, that this is then translated into written safe methods of working practice,



- 4.5.4 Safe methods of work are implemented,
  - 4.5.5 Inform pupils, staff and visitors as to their own personal safety and makes sure they are aware of the health and safety procedures in place,
  - 4.5.6 Risk assessments are regularly reviewed,
  - 4.5.7 Accidents, ill health and 'near miss' incidents at work are recorded, investigated and reported to the, The Substantive Head Teacher.
  - 4.5.8 They communicate and consult with staff on health and safety issues,
  - 4.5.9 They encourage staff to report hazards and raise health and safety concerns,
  - 4.5.10 Safety training for staff is identified, undertaken and recorded to ensure staff are competent to carry out their work in a safe manner,
  - 4.5.11 Issues raised by anyone concerning safety are thoroughly investigated and, when necessary, further effective controls implemented,
  - 4.5.12 Equipment is maintained in a safe condition,
  - 4.5.13 Statutory examinations are planned, completed and recorded,
  - 4.5.14 Personal protective equipment is provided and worn by staff and pupils, and that staff and pupils are instructed in its use,
  - 4.5.15 Any safety issues that cannot be dealt with are referred to the Substantive Head Teacher for action,
  - 4.5.16 Hazardous substances are stored, transported, handled and used in a safe manner according to manufacturers' instructions and established rules and procedures,
  - 4.5.17 Agreed safety standards are maintained, particularly those relating to housekeeping,
  - 4.5.18 All relevant safety documents including DfE Guides, etc. are maintained and made available to all employees,
  - 4.5.19 Health and safety rules are followed by staff and pupils,
  - 4.5.20 They perform regular health and safety inspections within their department as required by the Substantive Head Teacher.
- 4.6 Teachers will ensure that in their areas of responsibility:
- 4.6.1 They actively lead the implementation of the CIT Academies Health and Safety Policy,
  - 4.6.2 They supervise their staff and pupils to ensure that their lessons and activities are carried out safely,
  - 4.6.3 Safe teaching practices are developed and implemented,
  - 4.6.4 Risk assessments are completed, recorded and regularly reviewed,
  - 4.6.5 Accidents, ill health and 'near-miss' incidents at work are investigated, recorded and reported to the Substantive Head Teacher,
  - 4.6.6 They communicate and consult with staff on health and safety issues,
  - 4.6.7 They encourage staff and pupils to report hazards and raise health and safety concerns,
  - 4.6.8 Equipment is maintained in a safe condition,
  - 4.6.9 Personal protective equipment where required is provided and that staff and pupils are instructed in its use,
  - 4.6.10 Any safety issues that cannot be dealt with are referred to the Substantive Head Teacher for action,
  - 4.6.11 Hazardous substances are stored, transported, handled and used in a safe manner according to manufacturers' instructions and established rules and procedures,
  - 4.6.12 Agreed safety standards are maintained, particularly those relating to housekeeping,
  - 4.6.13 All relevant safety documents including CLEAPSS, DfES Guides, etc. are maintained and made available to all employees,
  - 4.6.14 Health and safety rules are followed by all staff and pupils.

- 4.7 All pupils must:
  - 4.7.1 Co-operate with Teachers and school staff on health and safety matters,
  - 4.7.2 Not interfere with anything provided to safeguard their own health and safety or the safety of others,
  - 4.7.3 Take reasonable care of their own health and safety; and report all health and safety concerns to a teacher.
  
- 4.8 All employees must:
  - 4.8.1 Take reasonable care of their own safety,
  - 4.8.2 Take reasonable care of the safety of others affected by their actions,
  - 4.8.3 Observe the safety rules,
  - 4.8.4 Comply with CIT Academies Health and Safety Policy,
  - 4.8.5 Conform to all written or verbal instructions given to them to ensure their personal safety and the safety of others,
  - 4.8.6 Dress sensibly and safely for their particular working environment or occupation,
  - 4.8.7 Conduct themselves in an orderly manner in the workplace and refrain from any antics or pranks,
  - 4.8.8 Use all safety equipment and/or protective clothing as directed,
  - 4.8.9 Avoid any improvisations of any form which could create an unnecessary risk to their personal safety and the safety of others,
  - 4.8.10 Maintain all equipment in good condition and report defects to their supervisor,
  - 4.8.11 Report any safety hazard or malfunction of any item of plant or equipment to their supervisor,
  - 4.8.12 Report all accidents to their supervisor whether an injury is sustained or not,
  - 4.8.13 Attend as requested any health and safety training course,
  - 4.8.14 Observe all laid down procedures for processes, materials and substances used,
  - 4.8.15 Observe the fire evacuation procedure and the position of all fire equipment and fire exit routes.
  
- 4.9 All contractors must:
  - 4.9.1 Take reasonable care of their own safety,
  - 4.9.2 Take reasonable care of the safety of pupils, school staff and others affected by their actions,
  - 4.9.3 Observe the safety rules of the school,
  - 4.9.4 Submit their health and safety policy, public liability, relevant Professional liability insurances and relevant risk assessments to the school for approval,
  - 4.9.5 Comply with and accept our health and safety policy, if they do not have one,
  - 4.9.6 Review the sites asbestos register and ensure no risk of disturbance of ACM will occur from the works to be undertaken,
  - 4.9.7 Dress appropriately, sensibly and safely when on school premises and for the task being undertaken,
  - 4.9.8 Conduct themselves in an orderly manner in the workplace and refrain from any antics or pranks,
  - 4.9.9 Use all safety equipment and/or protective clothing as required by the school and as indicated in the risk assessment for the task,
  - 4.9.10 Avoid any improvisations of any form which could create an unnecessary risk to their personal safety and the safety of others,
  - 4.9.11 Maintain all equipment in good condition, not use any defective equipment and ensure that any portable electrical equipment bears a current test certificate,
  - 4.9.12 Report any safety hazard or malfunction of any item of plant or equipment to their supervisor,
  - 4.9.13 Report all incidents to their supervisor and to the school whether an injury is sustained or not,

- 4.9.14 Ensure that their employees only use equipment for which they have been trained,
  - 4.9.15 Attend as requested any health and safety training course,
  - 4.9.16 Observe all agreed procedures for processes, materials and substances used,
  - 4.9.17 Observe the fire evacuation procedure and the position of all fire equipment and not obstruct fire exit routes or inhibit fire alarm sensors or devices,
  - 4.9.18 Provide adequate first aid arrangements unless otherwise agreed with the school.
- 4.10 All visitors are required to sign in at the reception. Visitors will be collected from reception by the member of staff concerned or escorted to the appropriate area of the school.
- 4.11 Hirers of the School premises must use plant, equipment and substances correctly and use the appropriate safety equipment. They will be made aware of their obligations in relation to health and safety when making the booking.
- 4.12 Whilst on site, all visitors and contractors must wear a visitor's badge. Cleaning contractor's employees must wear an identifiable uniform or an identity badge at all times. Temporary teaching staff on cover duties will be required to record their presence by reporting to reception.
- 4.13 If a member of staff meets someone on site who they do not recognise and is not wearing a visitor's badge, they should, if they do not feel threatened, enquire if the person needs assistance and accompany them either to the reception or off the site, as appropriate.
- 4.14 If an intruder is uncooperative about going to the reception or leaving the site, or a member of staff feels threatened, or is threatened with violence or a violent attack takes place, immediate help from the Police should be sought by telephone.
- 4.15 The Estates Manager will:
- 4.15.1 Assist the Trust and schools belonging to the Trust in the implementation of the health and safety policy,
  - 4.15.2 Ensure that the health and safety policy is reviewed annually,
  - 4.15.3 Assist the Trust in developing a health and safety plan to ensure that strategic objectives for compliance with legislation and control of risk are met,
  - 4.15.4 Assist schools belonging to the Trust in developing a health and safety plan to ensure specific objectives for compliance with legislation and control of risk are met,
  - 4.15.5 Advise the Trust and schools belonging to the Trust of relevant changes in health and safety legislation, codes of practice and industry standards,
  - 4.15.6 Provide advice on health and safety training requirements,
  - 4.15.7 Assist in investigating and reporting serious accidents.
- 4.16 Worknest (Health and Safety Partner), in agreement with management, provides us with the following services:
- 4.16.1 A general risk assessment in the first part of the contract that forms the basis of our risk management programme and helps us plan our future actions to reduce risk,
  - 4.16.2 Development of our documentation throughout the period of our contract and keeping it updated for:
    - 4.16.2.1 Changes in Health and Safety legislation relevant to us,
    - 4.16.2.2 Organisational changes which affect our management system.
  - 4.16.3 A consultant visit to train senior managers and to support our implementation of this Policy by:

- 4.16.3.1 Assisting us to complete specific risk assessments,
  - 4.16.3.2 Providing further training, as agreed, on relevant agreed topics,
  - 4.16.3.3 Reviewing and auditing our health and safety procedures and legal compliance,
  - 4.16.3.4 Providing advice on implementing changes and system procedures.
- 4.16.4. Worknest is also contracted to:
- 4.16.4.1 Fulfil the role of 'Competent Person', providing advice and assistance on Health and Safety issues,
  - 4.16.4.2 Provide for us a telephone advisory service - available 24 hours per day, 365 days of the year,
  - 4.16.4.3 Provide crisis help if we have a serious accident or incident involving the Enforcement Authorities,
  - 4.16.4.4 Provide briefings to help keep us up to date with new and forthcoming legislation.

#### **4.17 CIT's Health and Safety Committee**

- 4.17.1 The prime purpose of the Committee is to enable communication, consultation and assurances between the Trust Board, central services and school-based staff on health and safety issues. It also advises the Chief Executive on health and safety issues and enables monitoring of the Trust's overall Health and Safety Action Plan.
- 4.17.2 The Committee operates in a positive way – reinforcing safety culture and employee participation in the management of health and safety within the CIT.
1. Review performance of its academies via the CIT's Health and Safety management systems.
  2. Consider trends and issues and seek to engage with stakeholders on ways to address trends and issues, as appropriate.
  3. Consider accident and incident figures across its academies in order to establish any trends of concern and recommend actions to improve performance in those areas to the Chief Executive and Trust Board.
  4. Endeavour to ensure an agreed, uniform approach to health and safety across the Trust's academies, particularly in relation to implementation of the CIT's Health and Safety Policy.
  5. Consider reports, correspondence or relevant issues from trade union safety representatives, Local School Boards (LSBs), outside agencies and enforcing authorities.
  6. Review health and safety audit action plans as deemed appropriate by CIT, in accordance with the prevailing legislation, standards, departmental guidance or other requirements.
  7. Agree and monitor the delivery of health and safety training by the academies across all aspects required by the above pieces of legislation, standards, guidance, regulation and departmental advice, as is required by the Corporate Governance Standards.
  8. Flag up any concerns in writing to both the Chief Executive and the Principal of the academy concerned (if relevant).

### **5. Health & Safety Rules**

- 5.1 This section of our Health and Safety Policy specifies the rules laid down for the attention of all employees. These rules are prepared in accordance with legal requirements and acknowledged safe working practices. In addition to the legal duty imposed upon

employees to comply with these rules, failure to observe them will be considered to be a breach of the contract of employment and will result in disciplinary action being taken.

- 5.2 Employees are reminded that a breach of health and safety legislation by an employee is a criminal offence and action taken by an Enforcing Officer against an individual may result in heavy penalties.
- 5.3 Safety rules may vary depending upon the nature of work and the circumstances therefore the overriding requirement is that employees are expected to act in a sensible manner and adhere to verbal instructions given by Management.
- 5.4 General:
  - 5.4.1 It is the duty of all employees to co-operate with the Trust in fulfilling our legal obligations in relation to health and safety.
  - 5.4.2 Employees must not intentionally or recklessly interfere with anything provided in the interests of health, safety or welfare.
  - 5.4.3 Employees are required to notify to management of any unsafe activity, item or situation.
- 5.5 Working Practices:
  - 5.5.1 Employees must not operate any item of plant or equipment unless they have been trained and authorised.
  - 5.5.2 Employees must make full and proper use of all equipment guarding,
  - 5.5.3 Employees must not clean any moving item of plant or equipment,
  - 5.5.4 Employees must not make any repairs or carry out maintenance work of any description unless authorised to do so,
  - 5.5.5 Employees must use all substances, chemicals, liquids etc., in accordance with all written instructions,
  - 5.5.6 Employees must not smoke except in prescribed areas.
- 5.6 Hazard/Warning Signs and Notices:
  - 5.6.1 Employees must comply with all hazard/warning signs and notices displayed on the premises.
  - 5.6.2 Working Conditions / Environment,
  - 5.6.3 Employees must make proper use of all equipment and facilities provided to control working conditions/ environment,
  - 5.6.4 Employees must keep stairways, corridors, classrooms and work areas clear and in a clean and tidy condition,
  - 5.6.5 Employees must dispose of all rubbish, scrap and waste materials using the facilities provided,
  - 5.6.6 Employees must clear up any spillage or liquids in the prescribed manner,
  - 5.6.7 Employees must deposit all waste materials and substances at the correct disposal points and in the prescribed manner.
- 5.7 Protective Clothing and Equipment:
  - 5.7.1 Employees must use all items of protective clothing/equipment provided as instructed,
  - 5.7.2 Employees must store and maintain protective clothing/equipment in the approved manner,
  - 5.7.3 Employees must report any damage, loss, fault or unsuitability of protective clothing/equipment to their supervisor.
- 5.8 Fire Precaution:
  - 5.8.1 Employees must comply with all laid down emergency procedures,

- 5.8.2 Employees must not obstruct any fire escape route, fire equipment or fire doors,
  - 5.8.3 Employees must not misuse any firefighting equipment provided,
  - 5.8.4 Employees must report any use of firefighting equipment to their supervisor.
- 5.9 Accidents:
- 5.9.1 Employees must seek medical treatment for work related injuries they receive by contacting a designated first aider. Upon returning from treatment, they must report the incident to their supervisor,
  - 5.9.2 Employees must ensure that any accident or injury treatment is properly recorded in the Accident Book,
  - 5.9.3 Employees must notify management of any incident in which damage is caused to property.
- 5.10 Health:
- 5.10.1 Employees must report to management any medical condition or medication which could affect the safety of themselves or others,
  - 5.10.2 Employees must co-operate with the management on the implementation of the medical and occupational health provisions.
- 5.11 School Transport:
- 5.11.1 Drivers must carry out prescribed checks of vehicles prior to use and in conjunction with the laid down checking procedure,
  - 5.11.2 Employees must not drive or operate any vehicles for which they do not hold the appropriate driving licence or permit,
  - 5.11.3 Employees must not carry unauthorised passengers or unauthorised loads,
  - 5.11.4 Employees must not use vehicles for unauthorised purposes,
  - 5.11.5 Employees must not load vehicles above the stated capacity,
  - 5.11.6 Employees must not drive or operate vehicles whilst suffering from a medical condition or illness that may affect their driving or operating ability,
  - 5.11.7 Employees must not drive whilst using a mobile phone or any other electronic device.
- 5.12 Rules Covering Gross Misconduct. An employee will be liable to summary dismissal if they are found to have acted in any of the following ways:
- 5.12.1 A serious or wilful breach of Safety Rules,
  - 5.12.2 Unauthorised removal or interference with any guard or protective device,
  - 5.12.3 Unauthorised operation of any item of plant or equipment,
  - 5.12.4 Unauthorised removal of any item of first aid equipment,
  - 5.12.5 Wilful damage to, misuse of or interference with any item provided in the interests of Health and Safety or welfare at work,
  - 5.12.6 Unauthorised removal or defacing of any label, sign or warning device,
  - 5.12.7 Horseplay or practical jokes which could cause accidents,
  - 5.12.8 Making false statements or in any way deliberately interfering with evidence following an accident or dangerous occurrence,
  - 5.12.9 Misuse of any item of equipment, utensil, fitting/ fixture, vehicle or electrical equipment,
  - 5.12.10 Deliberately disobeying an authorised instruction,
  - 5.12.11 Misuse of chemicals or substances.
- 6. Arrangements (Accidents to Hazardous Substances (COSHH)):**
- 6.1 Accident, Incident and Ill-Health Recording, Reporting and Investigation. This policy sets out the procedures that are to be followed when any employee, pupil, visitor or contractor



has an accident, near miss or dangerous occurrence on school premises. Employees who develop a work-related illness must also report via these procedures.

6.1.1 Definitions:

6.1.1.1 An accident is an unplanned event that causes injury to persons, damage to property or a combination of both,

6.1.1.2 A near miss is an unplanned event that does not cause injury or damage but could do so,

6.1.1.3 A work-related illness is illness that is contracted by an employee through the course of work as a result of activities carried out by the school.

6.1.2 The Accident Book:

6.1.2.1 All accidents resulting in personal injury must be recorded according to the sites reporting tool e.g. Accident Report Form/Accident Book/Online portal,

6.1.2.2 Completed Accident Reports will be stored to comply with the requirements of the Data Protection Act,

6.1.2.3 Completed Accident Reports will be reviewed regularly by the Substantive Head Teacher to ascertain the nature of incidents that have occurred in the school. This review will be in addition to any investigation of the circumstances surrounding each incident,

6.1.2.4 All near misses must also be reported to Substantive Head Teacher as soon as possible so that action can be taken to investigate the causes and to prevent recurrence,

6.1.2.5 Employees must ensure that they are aware of the location of the accident book.

6.1.3 Reporting Requirements:

6.1.3.1 Certain accidents causing injury, both fatal and non-fatal, certain occupational diseases and certain dangerous occurrences are reportable to the Enforcing Authority under the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR),

6.1.3.2 Specified injuries including the following reportable events must be reported by the quickest means practicable, usually the telephone:

- Death,
- A specified injury to an employee as detailed in regulation 4,
- An injury to a non-employee where that person is taken directly to hospital for treatment as a result of their injury,
- Any dangerous occurrence,
- Any employee diagnosed by a qualified medical practitioner as suffering from a disease specified in the Regulations,
- Any employee diagnosed with a cancer caused by work-related exposure to a known carcinogen or mutagen.

6.1.4 Incapacitation for work of a person for more than 7 consecutive days as a result of an injury caused by an accident at work must be notified within 15 working days. To calculate whether the absence classifies as 'over 7-day':

6.1.4.1 Exclude the day of the incident if they went home or did not return to work on the day,

6.1.4.2 Include weekends, bank holidays and weekdays (whether the person would normally work on them or not).

- Example: If a person has an accident on Friday and comes back to work the following Friday, then count Saturday, Sunday, Monday and Tuesday etc. but this is still only 6 days; however, if their next day of work is the Monday it would count as 9 days and would be reportable.

6.1.5 Non-Consensual Violence. Major or over 7-day injuries to people at work arising from non-consensual violence are notifiable.

- 6.1.6 Reporting of accidents involving pupils or visitors. If a pupil or visitor has an accident this must be reported if:
- 6.1.6.1 The person involved is killed or taken to hospital and,
  - 6.1.6.2 The accident arises out of or in connection with a work activity,
  - 6.1.6.3 Examples of 'in connection with a work activity' are:
    - Work organisation – supervision of a field trip,
    - Plant or substances – lifts, machinery, experiments,
    - Condition of premises, playgrounds, play or PE equipment,
    - Sports activities as part of the curriculum where there is death or hospitalisation,
    - Playground accidents due the condition of the premises or inadequate supervision.
- 6.1.7 For further advice on injuries, diseases or dangerous occurrences requiring notification please contact the Worknest Advice Line. (Tel: 0345 226 8393). Contact details for the Health and Safety Executive are:
- 6.1.7.1 Tel: 0345 300 9923 (Monday to Friday 8:30am to 5:00pm)
  - 6.1.7.2 Website: [www.hse.gov.uk](http://www.hse.gov.uk)
  - 6.1.7.3 Information on notifications to the enforcing authority must also be sent to Worknest Ltd.
  - 6.1.7.4 The completed report form should be kept with other accident records and documents on the accident investigation.
  - 6.1.7.5 Forms are kept to advise the insurers of a potential claim and to present to the Enforcing Authority in the event of an investigation.
  - 6.1.7.6 Records are to be kept for 3 years from the date of the incident.
- 6.1.8 Investigation. All injury related accidents that are either notified to the Enforcing Authority or where a serious injury has occurred will be investigated:
- 6.1.8.1 To ensure that all necessary information in respect of the accident or incident is collated,
  - 6.1.8.2 To understand the sequence of events that led to the accident or incident,
  - 6.1.8.3 To identify the unsafe acts and conditions that contributed to the cause of the accident or incident,
  - 6.1.8.4 To identify the underlying causes that may have contributed to the accident or incident,
  - 6.1.8.5 To ensure that effective remedial actions are taken to prevent any recurrence,
  - 6.1.8.6 To enable a full and comprehensive report of the accident or incident to be prepared and circulated to all interested parties,
  - 6.1.8.7 To enable all statutory requirements to be adhered to.
- 6.1.9 The investigation will include obtaining signed witness statements, photographs and drawings as appropriate.
- 6.2 Asbestos. CIT Academies will protect employees, pupils and other persons potentially exposed to asbestos as far as is reasonably practicable. Everyone who needs to know about the presence of asbestos will be alerted. No one will be allowed to start any work that could disturb asbestos unless the correct procedures are to be employed. This will be achieved by minimising exposure through the management of asbestos-containing materials in school premises by the following arrangements.
- 6.2.1 Assessment. School premises will be surveyed to determine whether asbestos-containing materials are present. It will be presumed that materials contain asbestos unless there is strong evidence to the contrary. The amount and condition of the asbestos-containing material will be assessed, and measures will be identified to ensure that airborne asbestos fibres are not present or formed in the workplace.



- 6.2.2 A Written Plan. A written plan or register that sets out the location of the asbestos-containing material and how the risk from this material will be managed will be prepared and steps will be taken to put the plan into action. The plan or register will be made available, and the arrangements will be reviewed at regular intervals or when there has been a significant change to the organisation or personnel.
- 6.2.3 Access to Asbestos-containing Materials. Access to asbestos-containing materials in the premises will be controlled so as to prevent inadvertent disturbance of the material and the release of asbestos fibres. Procedures will be put in place to ensure that anyone liable to disturb asbestos-containing materials is made aware of their location.
- 6.2.4 Monitoring and Maintenance. The condition of all asbestos-containing materials or materials suspected of containing asbestos will be inspected at agreed intervals to ascertain that there has been no damage or deterioration. Where damage or deterioration is found the asbestos-containing material will be reassessed and repaired or removed as appropriate.
- 6.2.5 Training and Information. Employees who may come into contact with asbestos containing materials (ACM's) through the course of their work will receive adequate training and information such that they can recognise potential ACM's and know what precautions to take.
- 6.2.6 Asbestos-related Emergencies. Procedures to deal with asbestos-related incidents will be put in place (including the provision of information and warning systems) unless there is only a slight risk to the health of employees, pupils and others.
- 6.2.7 Arrangements for Controlling Work on Asbestos. Any work on, or removal of, asbestos-containing materials will be controlled to ensure that adequate precautions are taken to prevent the release of asbestos fibres. Work with asbestos and asbestos-containing materials is to be carried out by a licensed contractor (licensed by the HSE) unless the work is exempted from the requirement for licensing.
- 6.2.8 Selection and Control of Contractors to Work on Asbestos-containing Materials. When contractors are engaged to work on school premises, adequate steps will be taken to ensure the contractors are competent and have sufficient skills and knowledge to do the job safely and without risks to health. Contractors hired to carry out building or allied trade work that will involve minor work with asbestos must comply with the Control of Asbestos Regulations 2012. Only contractors licensed by the HSE will be used for the removal of asbestos-containing materials, unless the work involves the removal of materials in which:
  - 6.2.8.1 Asbestos fibres are firmly linked in a matrix,
  - 6.2.8.2 The exposure during the removal process is likely to be sporadic or of low intensity.
- 6.2.9 Procedures for Dealing with Health and Safety Issues. Where an employee raises a health and safety problem related to work with asbestos, the school will:
  - 6.2.9.1 Take all necessary steps to investigate the circumstances,
  - 6.2.9.2 Take corrective measures where appropriate,
  - 6.2.9.3 Advise the employee of actions taken.
  - 6.2.10 Where a problem arises relating to the condition of, or during work on, asbestos-containing material, the employee must inform the Site Manager/Caretaker and in the case of an accident or emergency, respond quickly to ensure effective treatment.
- 6.3 Communication and Consultation. It is a legal requirement for the CIT Academies to establish arrangements to communicate and consult with staff on issues affecting their health and safety and to take account of their views.

- 6.3.1 To achieve this objective, we will:
    - 6.3.1.1 Establish effective lines of communication,
    - 6.3.1.2 Involve and consult with staff through:
      - Individual conversations,
      - Notice boards,
      - Internal publications,
      - Staff meetings,
      - Health and safety meetings.
    - 6.3.1.3 Display the 'Health and Safety Law – What You Need To Know' poster.
    - 6.3.1.4 Consult with staff when changes to processes, equipment, work methods, etc. are to be introduced that may affect their health and safety.
  - 6.3.2 Where it is not practical to consult with all staff directly and it would be more appropriate to communicate and consult through employee representatives, we will enable representatives of employee safety to be elected.
  - 6.3.3 Each school will allow all representatives an appropriate amount of time away from their normal duties in order to complete their duties as representatives. We will not hinder representatives in the execution of their normal functions as defined by law.
- 6.4 Contractors. When working on school premises it is considered that contractors are joint occupiers for that period and therefore, we have both joint liabilities in “common areas”. In order to meet our legal obligations with regard to contractors we will ensure that prior to engaging any contractor they are competent and that any works are carried out safely.
- 6.4.1 The following factors will be considered as part of our procedures for vetting contractors:
    - 6.4.1.1 Sight of the contractor's own safety policy, risk assessments, method statements, permits to work, etc. as applicable,
    - 6.4.1.2 Clarification of the responsibility for provision of first aid and fire extinguishing equipment,
    - 6.4.1.3 Details of articles and hazardous substances intended to be brought to site, including any arrangements for safe transportation, handling, use, storage and disposal,
    - 6.4.1.4 Details of plant and equipment to be brought onto site, including arrangements for storage, use, maintenance and inspection,
    - 6.4.1.5 Clarification for supervision and regular communication during work including arrangements for reporting problems or stopping work in cases where there is a serious risk of personal injury,
    - 6.4.1.6 Confirmation that all workers are suitably qualified and competent for the work (including a requirement for sight of evidence where relevant).
    - 6.4.1.7 Evidence showing that appropriate Employers and Public Liability Insurance is in place.
  - 6.4.2 Clearly, it will not be necessary to go to such elaborate lengths if the contract is very short and will not create hazards of any significance. The complexity of the arrangements will be directly proportional to the risks and consequences of failure. Similarly, we have a parallel duty to the contractor and must ensure that the contractor is not put at risk by our own activities for the duration of the contract. We will stop contractors working immediately if their work appears unsafe. Staff should report any concerns to the Site Manager/Caretaker immediately.
  - 6.4.3 All Contractors will be inducted into site on Fire processes site rules and welfare arrangements signing the contractors' safety induction record sheet, any contractor undertaking invasive works should check and sign the asbestos register (in building that are build pre-2005) any work on water systems should be recorded with in the water log book.

- 6.4.4 Permits – Site Managers will issue permits to contractors undertaking high risk activities to ensure all control measures are in place examples of high risk activities – Hot works, roof works, confined spaces, significant works to the electrical systems.
- 6.4.5 Construction work and the Construction (Design and Management) Regulations 2015. Where any construction work is carried out, to fulfil our legal duties as a “client” under the Construction (Design and Management) Regulations 2015 we will:
  - 6.4.5.1 Make suitable arrangements for the management of the project and review those arrangements throughout the project to ensure that they are still relevant,
  - 6.4.5.2 Ensure that all duty holders that we appoint have the necessary skills, knowledge and experience to carry out their roles safely,
  - 6.4.5.3 Appoint in writing the Principal Designer and Principal Contractor sufficiently early in the project to allow them to carry out their duties properly,
  - 6.4.5.4 Notify the HSE in writing for projects that require it,
  - 6.4.5.5 Ensure that relevant pre-construction information is passed to all designers and contractors,
  - 6.4.5.6 Ensure that the Principal Designer and Principal Contractor carry out their duties,
  - 6.4.5.7 Ensure that adequate welfare facilities are provided for the contractors,
  - 6.4.5.8 Ensure that no construction commences until an adequate health and safety plan and construction phase plan covering the work has been prepared,
  - 6.4.5.9 Ensure that any health and safety file passed to us is kept securely and readily available for inspection by anyone who requires it to fulfil their legal duties, and, if we choose to dispose of the building, to pass the file to any person or company who acquires the building,
  - 6.4.5.10 Co-operate fully with all other duty holders and provide all relevant information and instruction promptly and clearly.
- 6.5 Disabled Persons including pupils with Special Education Needs (SEN). CIT Academies will give full and proper consideration to the needs of disabled employees, pupils and visitors.
  - 6.5.1 To achieve this, each school will:
    - 6.5.1.1 Treat all disabled employees, pupils and visitors with respect and dignity, both in the provision of a safe working environment and in equal access to the school’s facilities.
    - 6.5.1.2 Ensure that risk assessments are undertaken of the special needs of the disabled and carry out reasonable adjustments to the premises and/or employment arrangements,
    - 6.5.1.3 Encourage employees with special needs to suggest any premises or task improvements to their line managers,
    - 6.5.1.4 Discipline any employees found treating their disabled colleagues with less than the expected standards of respect and dignity,
    - 6.5.1.5 In an emergency evacuation, ensure suitable plans are in place which will assist disabled people to leave the premises swiftly.
  - 6.5.2. Risk assessment of pupils with Special Education needs will consider:
    - 6.5.2.1 Manual handling of pupils with physical disabilities,
    - 6.5.2.2 Pupils unable to recognise everyday hazards, communicate distress, or move around independently,
    - 6.5.2.3 Using mechanical aids and equipment,
    - 6.5.2.4 Using therapy and ball pools,

- 6.5.2.5 Administering medical treatment and minimising the risk of infection,
- 6.5.2.6 Management of difficult behaviour and the use of restraint,
- 6.5.2.7 Lone working where an employee works on a one-to-one basis with a SEN student; and transport issues such as getting learning disabled or physically disabled pupils in and out of transport and making sure that access to the premises is appropriate,
- 6.5.2.8 Any medical equipment required for the specific child's needs.
- 6.5.3 When to assess. So far as is reasonably practicable, risk assessments of the pupils with special education needs will be made:
  - 6.5.3.1 Before pupils are admitted – this is a planning ahead exercise,
  - 6.5.3.2 When planning educational activities both on and off site,
  - 6.5.3.3 When planning and purchasing new facilities and when work practices are to be introduced or changed,
  - 6.5.3.4 When deciding on a placement,
  - 6.5.3.5 When an existing student develops a health need, e.g. after an operation, or where a significant change in their existing needs occurs,
  - 6.5.3.6 When a student is to undertake work experience.
- 6.6 Display Screen Equipment. All reasonable steps will be taken by the CIT Academies to secure the health and safety of employees and pupils who work with display screen equipment.
  - 6.6.1 To achieve this objective each school will:
    - 6.6.1.1 Identify those employees who are users as defined by the regulations, see below,
    - 6.6.1.2 Carry out an assessment of each user's workstation,
    - 6.6.1.3 Implement necessary measures to remedy any risks found as a result of the assessment,
    - 6.6.1.4 Provide adequate information and training to persons working with display screen equipment,
    - 6.6.1.5 Endeavour to incorporate changes of task within the working day, to prevent intensive periods of on-screen activity,
    - 6.6.1.6 Review software to ensure that it is suitable for the task and is not unnecessarily complicated,
    - 6.6.1.7 Arrange for the provision of free eye tests (up to the cost of £30) when requested, at regular intervals thereafter and where a visual problem is experienced,
    - 6.6.1.8 Arrange for the supply, at subsidised cost (maximum contribution of £60), any corrective appliances (glasses or contact lenses) where these are required specifically for working with display screen equipment,
    - 6.6.1.9 Advise existing employees, and all persons applying for work with display screen equipment, of the risks to health and how these are to be avoided,
    - 6.6.1.10 Investigate any discomfort or ill-health believed to be associated with the use of display screen equipment and take appropriate remedial action,
    - 6.6.1.11 Make special arrangements for individuals with health conditions that could be adversely affected by working with display screen equipment.
  - 6.6.2 'Users'. This policy is aimed at those who regularly use DSE:
    - 6.6.2.1 For continuous periods of more than one hour and,
    - 6.6.2.2 For more than 2½ hours per day.
  - 6.6.3 Typically, this will therefore apply to administrative functions, the teaching of computer skills and other prolonged users. Others who operate DSE, including pupils, should have a workstation which meets the standards set down in the regulations but are not entitled to financial contributions. Employees must:

- 6.6.3.1 Comply with the instructions and training given regarding safe workstation set-up and use, including the need for regular changes of activity or breaks and the use of the equipment provided,
- 6.6.3.2 Inform their manager of any disability or health condition which may affect their ability to work using display screen equipment or be affected by working with DSE (this information will be treated confidentially),
- 6.6.3.3 Report to their manager any discomfort or health concern believed to be associated with the use of DSE (this information will be treated confidentially).
- 6.6.4 Eye tests. Under the DSE regulations staff identified as DSE users are entitled to an eyesight test (up to the cost of £30), every year by a qualified optician (and corrective glasses if required specifically by the Optician for DSE use maximum contribution of £60). Summary of Key Actions. The key actions necessary to control the health and safety risks arising from the use of Display Screen Equipment (DSE) are to:
  - 6.6.4.1 Identify all individuals who are classified as DSE 'Users'.
  - 6.6.4.2 Ensure risk assessments of DSE workstations been carried out using the Display Screen Equipment Workstation Assessment Form,
  - 6.6.4.3 Supply users with information and/or training on the safe use of Display Screen Equipment,
  - 6.6.4.4 Advise staff about setting up laptops on a suitable surface and the risks of working for prolonged periods,
  - 6.6.4.5 Ensure remedial actions identified by DSE risk assessments been carried out,
  - 6.6.4.6 Review risk assessments annually or sooner if significant changes have occurred.
- 6.7 Driving. CIT Academies is committed to reducing the risks to its staff, pupils and others. Driving your own vehicle. Staff driving for work in their own vehicle must ensure that it always complies with the law, is in safe and roadworthy condition and is suitable for its purpose. Persistent failure to comply with the policy will be regarded as a serious disciplinary matter.
  - 6.7.1 Senior managers must:
    - 6.7.1.1 Lead by example, both by ensuring that their own vehicle is always in a safe condition and by not tolerating poor driving practice among colleagues.
  - 6.7.2 Line managers must ensure:
    - 6.7.2.1 They also lead by personal example,
    - 6.7.2.2 Staff understand their responsibilities to ensure their vehicles are legal, safe and well maintained,
    - 6.7.2.3 Staff receive appropriate help and advice to ensure their vehicles are safe,
    - 6.7.2.4 Work related road safety is included in team meetings and staff appraisals and periodic checks are conducted to ensure our vehicle policy is being followed,
    - 6.7.2.5 They follow the monitoring, reporting and investigation procedures to help learn lessons which could help improve our future road safety performance,
    - 6.7.2.6 They challenge unsafe attitudes and behaviours and encourage staff to take care of their vehicles.
  - 6.7.3 Staff who drive their own vehicle for work must:
    - 6.7.3.1 Ensure that it meets our minimum safety specifications (age, additional safety features),
    - 6.7.3.2 Ensure it is taxed and has a valid MOT,



- 6.7.3.3 Ensure their motor insurance policy includes business use cover for the amount and type of business mileage they undertake,
- 6.7.3.4 Present the vehicle's MOT certificate, insurance policy,
- 6.7.3.5 Ensure the vehicle is not used inappropriately, (e.g. unsecured load carrying, or hazardous off-road access),
- 6.7.3.6 Report road safety problems, including crashes, incidents, fixed penalty notices, summons and convictions for any offence, including vehicle defects, to their line manager,
- 6.7.3.7 Present their driving licence for inspection regularly and on request,
- 6.7.3.8 Co-operate with monitoring, reporting and investigation procedures.
- 6.7.4 Each school with minibuses shall:
  - 6.7.4.1 Ensure risk assessments are completed and that journeys are planned,
  - 6.7.4.2 Not put unreasonable time constraints on travel,
  - 6.7.4.3 Ensure drivers are competent and fit to drive,
  - 6.7.4.4 Provide any additional training that may be deemed necessary to reduce driving related occupational risks,
  - 6.7.4.5 Provide sufficient information and guidance for drivers to enable them to understand the additional occupational risks involved in driving,
  - 6.7.4.6 Require drivers to annually submit copies of their current driving licence,
  - 6.7.4.7 Provide adequate insurance for the vehicle, the driver, occupants and third parties,
  - 6.7.4.8 Maintain them to the required legal standard and ensure suitable for their purpose,
  - 6.7.4.9 Provide and maintain additional tools and equipment necessary for the purposes of the journey,
  - 6.7.4.10 Provide access to breakdown support and recovery,
  - 6.7.4.11 Provide no smoking signs for inside the vehicle,
  - 6.7.4.12 Ensure the vehicle carries a suitably equipped first aid box.
- 6.7.5 Drivers will remain responsible for their safety and others and must comply with the Highway Code and Road Traffic Act.
- 6.7.6 It is the responsibility of drivers to inform the Transport Coordinator of:
  - 6.7.6.1 Anything that could affect their driving e.g. health conditions or injuries, use of prescribed medication,
  - 6.7.6.2 Changes to licence such as limitations, offences recorded, period bans,
  - 6.7.6.3 Vehicle defects that affect ability / safety to drive,
  - 6.7.6.4 Any accidents / incidents that occurred whilst driving on behalf of the school.
- 6.7.7 Before driving, drivers must:
  - 6.7.7.1 Review the need to travel,
  - 6.7.7.2 Have a valid licence for the vehicle they are driving,
  - 6.7.7.3 Carry out a pre-use vehicle check,
  - 6.7.7.4 Allow sufficient time to drive allowing for traffic, poor weather and rest break,
  - 6.7.7.5 Ensure sufficient rest,
  - 6.7.7.6 Be physically fit, with zero alcohol level and not under the influence of drugs that may affect the ability to drive,
  - 6.7.7.7 Adjust their driving position, head restraints and mirrors to ensure maximum comfort and safety.
- 6.7.8 Whilst driving, drivers must:
  - 6.7.8.1 Drive in accordance with the applicable law and with consideration for the safety of passengers and other road users,
  - 6.7.8.2 Take regular rest breaks every 2-3 hours or at first signs of tiredness,
  - 6.7.8.3 Remain in control of the vehicle at all times,

- 6.7.8.4 Not smoke,
- 6.7.8.5 Not use a mobile phone or other electronic device.

6.8 Drugs and Alcohol.

- 6.8.1 Staff must not drink alcohol on school premises without express permission from a senior manager. Any member of staff who is found consuming alcohol on school premises without permission or is found to be intoxicated at work will normally face disciplinary action on the ground of gross misconduct under the school's disciplinary procedure.
- 6.8.2 The possession, use or distribution of drugs for non-medical purposes on school premises is strictly forbidden and a gross misconduct offence. If you are prescribed drugs by your doctor which may affect your ability to perform your work, you should discuss the problem with your manager. If the school suspects there has been a breach of this policy or your work performance or conduct has been impaired through substance abuse, the school reserves the right to require you to undergo a medical examination to determine the cause of the problem.
- 6.8.3 Existing and prospective members of staff may be asked to undergo a medical examination, which will seek to determine whether he/she has taken a controlled drug or has an alcohol abuse problem. A refusal to give consent to such an examination or a refusal to undergo the screening will result in the immediate withdrawal of any offer made to prospective staff and will normally be treated as gross misconduct for current members of staff. If, having undergone a medical examination, it is confirmed that you have been positively tested for a controlled drug, or you admit there is a problem, the school reserves the right to suspend you from your employment (with or without pay) to allow the school to decide whether to deal with the matter under the terms of the school's disciplinary procedure and/or to require you to undergo treatment and rehabilitation.
- 6.8.4 CIT Academies reserves the right to search you or any of your property held on school premises at any time if there are reasonable grounds to believe that this policy is being or has been infringed or for any other reason. If you refuse to comply with these search procedures, your refusal will normally be treated as gross misconduct. CIT Academies reserves the right to inform the police of any suspicions it may have with regard to the use of controlled drugs by its employees on school premises.
- 6.8.5 Educational Visits - Please see CIT - Education Visits Policy.

6.9 Electricity. All reasonable steps will be taken to secure the health and safety of employees, pupils and others who use, operate or maintain electrical equipment.

- 6.9.1 To ensure this objective each school will:
  - 6.9.1.1 Ensure electrical installations and equipment are installed in accordance with the Wiring Regulations (BS 7671) published by the Institution of Engineering and Technology (IET),
  - 6.9.1.2 Maintain the fixed wiring installation in a safe condition by carrying out routine safety tests,
  - 6.9.1.3 Inspect and test portable and transportable equipment as often as required to ensure safety,
  - 6.9.1.4 Inspect and test second-hand electrical equipment lent to, or borrowed by, the school,
  - 6.9.1.5 Promote and implement a safe system of work for maintenance, inspection and testing,
  - 6.9.1.6 Forbid live working unless absolutely necessary, in which case a permit to work system must be used,
  - 6.9.1.7 Ensure employees and contractors who carry out electrical work are competent to do so,

- 6.9.1.8 Maintain detailed records.
- 6.9.2 Employees must:
  - 6.9.2.1 Visually check electrical equipment for damage before use,
  - 6.9.2.2 Report any defects found to their manager. However, if there is any doubt whether the equipment is safe then it should be labelled 'out of use' and withdrawn until it has been tested and declared fit for use by a qualified person,
  - 6.9.2.3 Not use defective electrical equipment,
  - 6.9.2.4 Not carry out any repair to any electrical item unless qualified to do so,
  - 6.9.2.5 Switch off non-essential equipment from the mains when left unattended for long periods,
  - 6.9.2.6 Not bring any electrical item onto school premises until it has been tested and a record of such a test has been included in the appropriate record,
  - 6.9.2.7 Not leave electric cables in such a position that they will cause a tripping hazard or be subject to mechanical damage,
  - 6.9.2.8 Never run extension leads under carpets or through doorways,
  - 6.9.2.9 Not daisy-chain extension leads to make a longer one,
  - 6.9.2.10 Not use adapter sockets – devices that plug into mains sockets to increase the number of outlets.
- 6.9.3 The key actions necessary to control the health and safety risks arising from electricity are as follows:
  - 6.9.3.1 The main electrical installation should be tested every five years except for those parts of schools with:
    - A licensed areas,
    - Lightning protection which should be tested annually.
  - 6.9.3.2 Retain copies of electrical test certificates,
  - 6.9.3.3 A record must be kept of all portable items of electrical equipment showing:
    - the detail of the item
    - the date of acquisition
    - details of any inspection, testing or repair work
  - 6.9.3.4 Arrange for the inspection and testing of portable electrical.
- 6.10 All reasonable steps will be taken to prevent a fire occurring. In the event of fire, the safety of life will override all other considerations, such as saving property and extinguishing the fire.
  - 6.10.1 In order to prevent fire and to minimise the likelihood of injury in the event of a fire each school will:
    - 6.10.1.1 Assess the risk from fire at our premises and implement appropriate control measures,
    - 6.10.1.2 Ensure good housekeeping standards are maintained to minimise the risk of fire,
    - 6.10.1.3 Provide and maintain safe means of escape from the premises,
    - 6.10.1.4 Develop a fire evacuation procedure for all buildings,
    - 6.10.1.5 Provide and maintain appropriate fire-fighting equipment including the sprinkler system,
    - 6.10.1.6 Provide sand in bags in the Science Department as a precaution when using flammable metals,
    - 6.10.1.7 Regularly stage fire evacuation drills, inspect the means of escape and test and inspect fire-fighting equipment, emergency lighting and any fire warning systems,
    - 6.10.1.8 Provide adequate fire safety training to employees, plus specialist training to those with special responsibilities,



- 6.10.1.9 Make arrangements for the safe evacuation of deaf or otherwise disabled persons,
- 6.10.1.10 Make arrangements for ensuring all pupils and visitors are made aware of the fire evacuation procedures,
- 6.10.1.11 Display fire action notices,
- 6.10.1.12 Keep fire safety records.
- 6.10.2 The school does not require persons to attempt to extinguish a fire, but extinguishing action may be taken if it is safe to do so. Immediate evacuation of the building must take place as soon as the evacuate signal is given. All occupants, on evacuation, should report to the pre-determined assembly points. Re-entry of the building is strictly prohibited until the fire brigade officer, or a senior person present declares it is safe to do so. Employees are encouraged to report any concerns regarding fire procedures so the school can investigate and take remedial action if necessary.
- 6.10.3 The key actions required to ensure fire safety is effectively managed are:
  - 6.10.3.1 Complete and review annually a fire risk assessment,
  - 6.10.3.2 Arrange for fire safety checks to be completed and recorded for the following:
    - Fire evacuations (drills),
    - Fire alarm tests,
    - Fire escape route checks,
    - Extinguisher checks,
    - Emergency lighting tests,
    - Post fire evacuation notices.
  - 6.10.3.3 Develop personal evacuation plans (PEEP) for people with special needs,
  - 6.10.3.4 Provide fire safety training,
  - 6.10.3.5 Service the fire alarm, emergency lighting and sprinkler system as appropriate.
- 6.10.4 CIT Academies will provide adequate fire safety training for staff. The type of training should be based on the particular features of the school and should:
  - 6.10.4.1 Take account of the findings of the fire risk assessment,
  - 6.10.4.2 Explain the emergency procedures,
  - 6.10.4.3 Take account of the work activity and explain the duties and responsibilities of staff,
  - 6.10.4.4 Take place during normal working hours and be repeated periodically where appropriate,
  - 6.10.4.5 Be easily understandable,
  - 6.10.4.6 Be tested by fire drills.
- 6.10.5 Pupils will also be involved in some aspects of fire safety training, particularly with respect to fire drills, etc. In primary schools, training may be no more than showing new staff and pupils the fire exits and giving basic training on what to do if there is a fire. In a large secondary school, the organisation of fire safety training will need to be more formal. Fire training should include the following:
  - 6.10.5.1 What to do on discovering a fire,
  - 6.10.5.2 How to raise the alarm and what happens,
  - 6.10.5.3 What to do upon hearing the fire alarm,
  - 6.10.5.4 The procedures for alerting pupils, members of the public and visitors including, where appropriate, directing them to exits,
  - 6.10.5.5 The arrangements for calling the fire and rescue service,
  - 6.10.5.6 The evacuation procedures for everyone in your premises (including young children or mobility impaired persons) to reach an assembly point at a place of total safety,

- 6.10.5.7 The location and, when appropriate, the use of firefighting equipment,
  - 6.10.5.8 The location of escape routes, especially those not in regular use,
  - 6.10.5.9 How to open all emergency exit doors,
  - 6.10.5.10 The importance of keeping fire doors closed to prevent the spread of fire, heat and smoke,
  - 6.10.5.11 Where appropriate, how to stop machines and processes and isolate power supplies in the event of a fire,
  - 6.10.5.12 The reason for not using lifts (except those specifically installed or nominated, following a suitable fire risk assessment, for the evacuation of people with a disability),
  - 6.10.5.13 The safe use of and risks from storing or working with highly flammable and explosive substances,
  - 6.10.5.14 The importance of general fire safety, which includes good housekeeping,
  - 6.10.5.15 The use of premises by outside bodies, e.g. IT training, music, etc.
- 6.10.6 All staff identified in the emergency plan that have a supervisory role if there is a fire (e.g. heads of department, fire marshals or wardens and, in complex premises, fire parties or teams), should be given details of your fire risk assessment and receive additional training. In addition to the guidance above as a minimum all staff should receive training about:
- 6.10.6.1 The items listed in your emergency plan,
  - 6.10.6.2 The importance of fire doors and other basic fire-prevention measures,
  - 6.10.6.3 Where relevant, the appropriate use of firefighting equipment,
  - 6.10.6.4 The importance of reporting to the assembly area,
  - 6.10.6.5 Exit routes and the operation of exit devices, including physically walking these routes,
  - 6.10.6.6 General matters such as permitted smoking areas or restrictions on cooking other than in designated areas,
  - 6.10.6.7 Assisting disabled persons where necessary.
- 6.10.7 Training is necessary:
- 6.10.7.1 When staff start employment or are transferred into the premises,
  - 6.10.7.2 When changes have been made to the emergency plan and the preventive and protective measures,
  - 6.10.7.3 Their working practices and processes or people's responsibilities change,
  - 6.10.7.4 To take account of any changed risks to the safety of staff, pupils or other relevant persons,
  - 6.10.7.5 To ensure that staff know what they have to do to safeguard themselves and others on the premises; and where staff are expected to assist disabled persons.
- 6.10.8 Training should be repeated as often as necessary and should take place during working hours. Enforcing authorities will want to examine records as evidence that adequate training has been given.
- 6.10.9 Training of pupils. It is good practice to provide pupils and pupils with some form of fire safety training so that they are aware of the actions to be taken in the event of a fire. This should include instruction on the:
- 6.10.9.1 Details of the evacuation plan,
  - 6.10.9.2 Importance of fire doors and other basic fire-prevention measures,
  - 6.10.9.3 Importance of reporting to the assembly area,
  - 6.10.9.4 Exit routes and the operation of exit devices.

<b><u>FIRE MAINTENANCE / TEST PROCEDURES</u></b>		
<b>FIRE DRILLS</b>		
<b>TERMLY</b> Fire Evacuations must be carried out at least once in each term.	Ensure all occupants are able to evacuate to a place of safety in a reasonable time. (3 minutes)	Record details of drill, evacuation time and any problems.
<b>FIRE ALARM PANEL / SYSTEM</b>		
<b>DAILY</b>	Check fire alarm panel for normal working conditions	Report any faults and actions
<b>WEEKLY</b>	Fire alarm audibility test conducted at a different call point tested each week in rotation. Number each call point for identification. (each zone to be tested every 13 weeks) Check alarm is audible in all areas (test to be carried out during full occupation) Check that any fire doors on automatic door closures linked to the fire alarm are closing properly. Check any doors fitted with electromagnetic locks are released.	Record details of call point test and call point number. Repair / replace defective units.
<b>SIX MONTHLY</b>	For systems with battery back up a six-monthly battery check by a competent service engineer is required. This check may also include 50% of the automatic smoke / heat detectors, sounders and manually operated devices	Site to keep maintenance records.
<b>ANNUALLY</b> For 230-volt systems without battery back up	An annual test and examination of the alarm system by a competent service engineer is required. Test and examination of alarm system by competent service engineer including all automatic smoke / heat detectors, sounders and manually operated devices.	Site to keep maintenance records.
<b>MEANS OF ESCAPE</b>		
<b>DAILY</b>	Check for any obstructions on escape routes (internally and externally).	Check should be recorded, and any faults logged and rectified with in the fire log book
<b>WEEKLY</b>	Doors: check self-closing devices, and that push bars/ other emergency fastening devices are operational.	Check should be recorded, and any faults logged and rectified with in the fire log book
<b>MONTHLY</b>	Check all internal fire doors for ease of opening, that they are a good fit, closing fully, fire door seals and self-closures working correctly, correctly signed etc.	Check should be recorded, and any faults logged and rectified with in the fire log book
<b>FIRE FIGHTING EQUIPMENT</b>		

<b>WEEKLY</b>	Check all extinguishers, fire blankets etc. are available for use, undamaged and unobstructed.	Check should be recorded, and any faults logged and rectified with in the fire log book
<b>ANNUALLY</b>	Extinguishers properly affixed to wall brackets or on plinths.	Maintenance records to be kept on site.
<b>FIXED SYSTEMS (WHERE APPLICABLE, e.g. Sprinkler systems)</b>		
<b>Frequency specified by installer</b>	Programme of inspections and checks dependant on type of system and to be specified by installer.	Check should be recorded, and any faults logged and rectified with in the fire log book
<b>ANNUALLY</b> or to insurance / installers guidelines	E.g. weekly checks on water and air pressure gauge readings, water levels in storage tanks. Weekly test on automatic pump and diesel engines etc.	Maintenance records to be kept on site.
<b>EMERGENCY LIGHTING (WHERE APPLICABLE)</b>		
<b>DAILY</b>	Check indicator lights functioning (report faults to contractor).	Site to record details and actions only if there is a fault.
<b>MONTHLY</b>	Monthly operation tests (“flick test”) should be carried out on emergency lighting.	Check should be recorded, and any faults logged and rectified with in the fire log book.
<b>ANNUALLY</b>	Annual service by electrician and full discharge test should be carried out and recorded.	Maintenance records to be kept on site.

6.11 First Aid. CIT Academies is committed to providing sufficient provision for first aid to deal with injuries that arise at work or as a consequence of school activities.

6.11.1 To achieve this objective each school will:

- 6.11.1.1 Appoint and train a suitable number of first aid personnel,
- 6.11.1.2 Display first aid notices with details of first aid provision,
- 6.11.1.3 Provide and maintain suitable and sufficient first aid facilities including first aid boxes,
- 6.11.1.4 Provide any additional first aid training that may be required to deal with specific first aid hazards.

6.12 A First Aider is a person who has a valid certificate in either first aid at work or emergency first aid at work training or paediatric first aid.

6.12.1 First Aiders training will be refreshed every three years by undertaking the two-day First Aid at Work requalification. (This may be taken up to 3 months before/28 days after the expiry date on the certificate). First aid personnel will be provided with refresher training at regular intervals to keep their skills up to date. The number of first aiders required will be determined by completing a risk assessment. The HSE provide some general guidance on the number of first aiders required and expected provision is illustrated below.

<b>Category of Risk</b>	<b>Numbers employed at any one location</b>	<b>Suggested Number of First Aid Personnel</b>
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<p><b>Lower Hazard</b></p> <p>(Most schools fall into this category)</p>	<p>Reception Class or younger</p> <p>fewer than 25</p> <p>25 -50</p> <p>more than 50</p>	<ul style="list-style-type: none"> <li>- Paediatric first aider is required</li> <li>- at least one Appointed Person - <i>it is recommended they receive Emergency First Aid at work training (EFAW)</i></li> <li>- at least one first aider trained in <b>(EFAW)</b></li> <li>- at least one first aider trained in first aid at work <b>(FAW)</b> for every 100 employed (or part thereof)</li> </ul>
<p><b>Higher Hazard</b></p>	<p>Reception Class or younger</p> <p>fewer than 5</p> <p>5-50</p> <p>more than 50</p>	<ul style="list-style-type: none"> <li>- Paediatric first aider is required</li> <li>- at least one Appointed Person - <i>it is recommended they receive Emergency First Aid at work training (EFAW)</i></li> <li>- at least one First Aider trained in <b>EFAW</b> or <b>FAW</b></li> <li>- at least one additional First Aider trained in <b>FAW</b> for every 50 employed (or part thereof)</li> </ul>

- 6.12.2 In addition to the above in higher risk areas such as science, PE etc. at least one person will be trained to a minimum level of emergency first aid. Adequate first aid provision will include cover for break times. First aid provision will be available at all times whilst people are present on school premises including out of hours' activities. The assessment of need will be reviewed at least annually.
- 6.12.3 First Aid Boxes. First aid kits, clearly marked, will be provided in the First Aid Room and other readily accessible locations and be made known to all staff and pupils. Additional first aid boxes will be provided where required on sports fields and for offsite visits. First aid containers will also be available within specific curriculum areas where an increased risk exists e.g. Design and Technology workshops.
- 6.12.4 Travel first aid boxes will be kept in minibuses. First aid boxes will contain a sufficient quantity of suitable first aid materials and nothing else. First aid does not include the administration of medicines and thus first aid boxes should NOT contain drugs of any kind including aspirin, paracetamol, antiseptic creams etc. First aid boxes should be located near to hand washing facilities as far as possible. All first aid boxes will be checked regularly and maintained by a designated member of staff; items should not be used after expiry date shown on packaging. Extra stock will be kept in the school.
- 6.12.5 Suitable protective clothing and equipment such as disposable gloves (e.g. vinyl or powder free, low protein latex CE marked) and aprons will be provided near the first aid materials.
- 6.12.6 Blunt-ended stainless-steel scissors (minimum length 12.7 cm) will be kept where there is a possibility that clothing might have to be cut away. These should be kept along with items of protective clothing and equipment.

- 6.12.7 Small quantities of contaminated waste (soiled or used first aid dressings) can be safely disposed of via the usual refuse collection arrangements. Waste should be double bagged in plastic and sealed by knotting.
- 6.12.8 First Aid Rooms. The first aid room, where provided, is equipped with a sink and accessible WC.
- 6.12.9 First Aid Information. Notices are posted in conspicuous positions within a school, giving the location of first aid equipment and facilities and the name(s) and location(s) of the first aid personnel.
- 6.12.10 New and temporary employees are to be told of the location of first-aid equipment and first aid personnel, and facilities on the first day they join the school as part of the induction training.
- 6.12.11 First Aid Records. Each school should ensure that the following records are available.
- 6.12.12 The numbers of first aid personnel will be determined by individual circumstances, the level of risk and in line with current government guidance:
  - 6.12.12.1 Certification of training for all first aiders and refresher periods,
  - 6.12.12.2 Any specialised instruction received by first-aiders or staff (e.g. EpiPens),
  - 6.12.12.3 First aid cases treated (see accident / incident reporting).
- 6.12.13 Guidelines on Responding to Injuries. Minor injuries. The following injuries are considered minor and capable of being dealt with by a first aider in school: grazes, small scratches, bumps, minor bruising, minor scalding or burns resulting in slight redness to the skin. Injuries requiring medical attention:
  - 6.12.13.1 Deep cut,
  - 6.12.13.2 Long cuts, which are considered to be approximately 2.5cm when on the hand or foot and 5cm when elsewhere on the body,
  - 6.12.13.3 The cut is jagged,
  - 6.12.13.4 The injury involved a pet, especially a cat,
  - 6.12.13.5 The injury involved a wild animal,
  - 6.12.13.6 The injury is due to a bite, either human or animal,
  - 6.12.13.7 The wound has debris stuck in it after cleansing,
  - 6.12.13.8 The wound is bleeding heavily,
  - 6.12.13.9 The wound will not stop bleeding after applying direct pressure for 10 minutes,
  - 6.12.13.10 The injury is a puncture wound.
- 6.12.14 Injuries to the head need to be treated with particular care. Where symptoms indicating serious injury are NOT present, head injury cards are to be given to the injured party by the first aider attending to take home with them. Any evidence of following symptoms may indicate serious injury and an ambulance must be called:
  - 6.12.14.1 Unconsciousness, or lack of full consciousness (i.e. difficulty keeping eyes open),
  - 6.12.14.2 Confusion,
  - 6.12.14.3 Strange or unusual behaviour – such as sudden aggression,
  - 6.12.14.4 Problems with memory,
  - 6.12.14.5 Persistent Headache,



- 6.12.14.6 Disorientation, double vision, slurred speech or other malfunction of the senses,
  - 6.12.14.7 Nausea and vomiting,
  - 6.12.14.8 Unequal pupil size,
  - 6.12.14.9 Pale yellow fluid or watery blood coming from ears or nose,
  - 6.12.14.10 Bleeding from scalp that cannot quickly be stopped,
  - 6.12.14.11 Loss of balance,
  - 6.12.14.12 Loss of feeling in any part of body,
  - 6.12.14.13 General weakness,
  - 6.12.14.14 Seizure or fit.
- 6.12.15 If a child is taken directly to hospital, they will be accompanied by a member of staff who will stay with the pupil until discharged or until a handover can be made to a parent or guardian. The member of staff at the hospital must update the senior teacher on the condition of the injured pupil as and when information is made available. The parent/guardian of a pupil attending hospital must be advised at the earliest opportunity. Support for the injured pupil and their parents will be provided as determined by the individual circumstances of the incident.
- 6.12.16 It is important that spillages of blood, faeces, vomit or other body fluids are dealt with immediately as they pose a risk of transmission of infection and disease, e.g. Blood borne viruses and diarrhoeal and vomiting illnesses, such as norovirus. A spillage kit is available in school to deal with blood and body fluid spillages.
- 6.12.17 Body fluid spillages should be dealt with as soon as possible with ventilation of the area. Anyone not involved with the cleaning of the spillage should be kept away from the area and protective clothing should be worn when dealing with the spillage such as gloves and aprons.
- 6.12.18 Spillage Procedure:
- 6.12.18.1 Cordon off the area where the spillage has occurred.
  - 6.12.18.2 Cuts and abrasions on any areas of the skin should be covered with a waterproof dressing. Use personal protective equipment and clothing to protect body and clothes: disposable gloves and apron must be worn.
- 6.12.19 Hard surfaces e.g. floor tiles, impervious tabletops:
- 6.12.19.1 Small spills or splashes of blood: Clean with neutral detergent and hot water.
- 6.12.20 Large spills:
- 6.12.20.1 Remove spillage as much as possible using absorbent paper towels,
  - 6.12.20.2 Flush these down toilet or dispose of carefully in waste bag,
  - 6.12.20.3 Cover remaining with paper towels soaked in diluted bleach solution (1:10 dilution with cold water),
  - 6.12.20.4 Leave for up to 30 minutes, and then clear away.
  - 6.12.20.5 Alternatively, large spills may be covered with granules from the spillage kit for two minutes.

- Spillage and granules should be carefully removed with paper towels and disposed carefully into a waste bag. Clean area with neutral detergent and hot water.
- 6.12.21 Soft surfaces and fabrics e.g. carpets and chairs:
    - 6.12.21.1 Remove the spillage as far as possible using absorbent paper towels,
    - 6.12.21.2 Then clean with a fresh solution of neutral detergent and water,
    - 6.12.21.3 Carpets and upholstery can then be cleaned using cleaner of choice,
    - 6.12.21.4 Steam cleaning may be considered.
  - 6.12.22 Contaminated gloves, aprons, paper towels, etc should be carefully disposed of into a leak proof plastic bag, securely tied and placed immediately into the normal external school waste container. Large quantities of contaminated waste should be disposed of in consultation with the local waste authority. Wash hands after procedure.
  - 6.12.23 As with other all hazardous substances used in school, bleach and disinfectants should be stored, handled and used in accordance with COSHH (Control of Substances Hazardous to Health, 2002) Regulations and the manufacturer's instructions. Product data sheets and safe use instructions should be accessible, along with risk assessments and details of actions required in the event of accidental ingestion, inhalation or contact with skin or eyes. All chemicals must be stored in their original containers, in a cool, dry, well-ventilated place that is lockable and inaccessible to children, visitors and the public. Appropriate protective clothing (e.g. gloves and aprons) should be worn when handling bleach and other chemical disinfectants. Contact with skin, eyes and mouth should be avoided.
- 6.13 Food Science. The teaching of Food Science must be carried out to ensure the safety of pupils and teachers; in addition, the food prepared in school must be handled and served to comply with good hygiene practice to make sure the food is safe to eat.
- 6.13.1 Food Hygiene Training. Each school will ensure that Food Science teachers and any persons who supports teaching programmes are competent in all aspects of food hygiene that they are required to teach to ensure that pupils are provided with appropriate experience to enable them to work correctly and safely, Level 2 in Food Safety is considered the minimum qualification for teaching staff. Food hygiene training will be obtained by attending certificated courses which should be regularly reviewed, updated and refreshed every three years.
  - 6.13.2 Key Considerations for Teaching Food. Food preparation rooms and classrooms provided are of sufficient size to allow people to work and circulate around the room with ease. Class size can be determined by considering factors such as the size of the room, the equipment available, the age and ability of the pupils and the experience of the staff. Teachers must work within safe operating limits so that there is a safe teaching and learning environment and that they are able to provide adequate supervision for hazardous activities.
  - 6.13.3 Staff are provided with safe equipment and systems that are regularly checked, inspected and maintained in an efficient state to recognised standards, with records kept. In addition to PAT testing this includes the



servicing of gas equipment, fridge and freezer temperature checking, equipment guard checks, where appropriate.

- 6.13.4 Teachers will be trained to the standards specified in Health and Safety Training Standards in Design and Technology published by the Design & Technology Association (DATA). Teachers will teach pupils about general health and safety requirements relating to the working environment and instil in them the need to work safely at all times.
- 6.13.5 The pupils will be made aware of the hazards involved when working using processes, equipment and materials in various situations. They will be taught to assess the risks and identify the control measures taken, to help ensure the health and safety of themselves and others, and reference will be made to the appropriate British Standards.
- 6.13.6 Lessons will be planned ahead to avoid risk. Work will be planned to involve the use of a wide range of food, food components and equipment to complete focused practical tasks. Student ability, knowledge, maturity, experience and special needs must be taken account of, to provide challenging tasks and potential for achievement. Teachers should be aware that because of their inexperience, pupils working with food require a high level of supervision and should not be left unattended.
- 6.13.7 Pupils with special needs may have poor coordination, slow reaction times and variable levels of concentration which require extra support and guidance. This will affect the teaching capacity/group size and may require additional support. Sometimes pupils can be paired with responsible peers to ensure safe working practices.
- 6.13.8 Teaching sessions must be long enough to complete processes without too high a percentage of time being taken up preparing for and tidying up afterwards. Short sessions can lead to frustration of both staff and pupils, as there is often insufficient time for full processes to be completed. Very long sessions without a break can give rise to problems with concentration. Additional teaching support in lessons not only reduces risk but facilitates demonstration and allows for more practical work to be undertaken to the advantage of the pupils.
- 6.13.9 Manual Handling. It is recommended that trolleys are used for carrying heavy equipment and foodstuff. Sugar and flour are best purchased in small containers, despite the possible cost savings from purchasing bulk containers. The use of high-level storage should be avoided. Where this is not possible there must be safe procedures for access to such storage and the provision of suitable and adequately maintained steps/footstools.
- 6.13.10 Personal Protective Equipment. Appropriate protective equipment, clothing, and storage of such, will be provided including suitably sized oven gloves and clean aprons. Pupils should be made aware of the hazards of unsuitable footwear. Soft shoes and open toe sandals offer little protection from falling objects or spillages. Long hair, jewellery, loose clothing such as ties and unbuttoned cuffs are potential hazards. Sleeves should be rolled up, watches and ties removed, and long hair tied back. Additional personal protective equipment such as gloves and eye protection are required when using hazardous cleaning agents.
- 6.13.11 Microwave & Combination Ovens. Manufacturer's instructions must be followed. The ovens must be kept clean, including ensuring that air vents are not blocked or obstructed, and that food debris does not build up around the door seal which could lead to leaks. The ovens must not be used if the door does not close properly or if the door interlock switch does not work

properly. The ovens must not be switched on when empty. Burns and scalds can be avoided by using oven gloves, removing lids or microwave film away from the face and checking the temperature of food and drink. It is important to ensure food is thoroughly cooked throughout by stirring and turning the food during cooking. Only food grade microwave film should be used in direct contact with food during cooking and defrosting. Food should not be cooked in sealed containers; pierce the film covering containers (unless there are specific manufacturer's instructions to the contrary). Only use containers, films and ingredients which are known to be suitable for heating in a microwave oven. Users should be made aware of the risk of certain foods superheating.

6.13.12 Deep Fat Frying. Where small electrically powered thermostatically controlled deep fat fryers are provided. The following precautions should be remembered:

6.13.12.1 Fryers should not be over-filled,

6.13.12.2 Electric leads should be kept as short as possible,

6.13.12.3 Fryers should be positioned safely,

6.13.12.4 Fryers should not be left unattended,

6.13.12.5 Water must not be allowed to come into contact with hot oil or fat (dry food before deep frying),

6.13.12.6 The handle must be positioned safely, and fat must be cooled before straining or pouring into plastic containers,

6.13.12.7 All persons must be trained to deal correctly with a fat or oil fire.

6.13.13 Pressure Cookers. Pressure cookers are covered by the Pressure Safety System Regulations 2000 and require annual inspections against a suitable written scheme of examination.

6.13.14 Knives & Utensils. No student should be allowed to use a knife unless he or she has been properly trained in appropriate techniques. The degree of supervision which is required when pupils are using knives depends on the age of the particular pupils and the tasks for which knives are being used. Pupils should be made aware that sharp utensils can cause cuts that falling utensils can present a hazard, and that slipping can occur when pressure is applied. Knives must be kept sharp and, when they are not in use, they must be stored securely. The knives inventory must be checked at the end of each lesson. Where possible, the use of knives should be avoided, e.g. by the provision of vegetable peelers, scissors, etc. Mandolins are not recommended for use in schools. Sharp utensils should not be left projecting from work surfaces and instruction must be given in their correct use, handling, storage and cleaning. There is a model risk assessment on the CLEAPSS website on Food Preparation: Using Knives, which will be adapted for school use to reflect all reasonably foreseeable hazards.

6.13.15 First Aid. Teachers must be aware of pupils with particular medical problems, including allergies, so that they are able to take the necessary precautions during lessons. At least one person holding a current first aid certificate, or who has been trained in emergency first aid, should always be available to attend and to provide first aid when cookery rooms are in use. A first aid

- container equipped and maintained in accordance with Health and Safety (First Aid) Regulations should be readily available. Food standard sterile waterproof dressings coloured blue for ease of detection in food should be provided.
- 6.13.16 Fire Safety. Fire escape routes and fire doors must be operational and clearly marked, should be easily opened and free from all obstructions. Firefighting equipment, including fire extinguishers, fire blankets and fire detectors, should be readily available and maintained. It is difficult to reduce the risk of fat-pan fires to zero, so specific instruction must be given to everyone on how to deal safely with such a fire when it occurs. Spark devices are safer than matches for lighting gas hobs/ovens. All displays be should suitably positioned away from heat sources. To reduce the dangers of accidents,0 the number of pupils working at any one time around heating equipment must be controlled and close supervision given.
- 6.13.17 Health & Safety Notices & Signage. Appropriate notices and signs are to be clearly displayed including warning signs next to hobs that have no visual indication that they are on/hot, next to freezers, for hazardous materials, for fire exits, escape routes, firefighting equipment and emergency first aid. Hand washing/personal hygiene posters are also recommended. Signs are not a substitute for teaching pupils safe working practices. However, they do act as a reminder to those pupils who might forget what they have been taught.
- 6.14 Gas Installations and Appliances. CIT Academies will ensure that all work carried out on gas fittings and appliances are in accordance with the requirements of the regulations and the Safety in the Installation and Use of Gas Systems and Appliances Manual.
- 6.14.1 Maintenance of Gas Equipment. Gas boilers, heaters, ovens and other gas fired equipment will be serviced at regular intervals, usually annually, and in accordance with the manufacturer's recommendations. All work on gas appliances to be carried out by a Gas Safe Registered engineer. Records of all servicing, maintenance and repairs to be kept. The key actions necessary to ensure the safety of gas fired appliances are:
- 6.14.1.1 Identify all gas fired appliances and create a maintenance schedule for each,
- 6.14.1.2 Arrange for servicing in line with the schedule and keep records,
- 6.14.1.3 Prepare a gas leak emergency procedure,
- 6.14.1.4 Highlight all gas shut-off points,
- 6.14.2 Gas Emergencies. In the event of a suspected gas leak:
- 6.14.2.1 Call 24-hour gas emergency service on 0800 111 999,
- 6.14.2.2 Evacuate the buildings and move the pupils and majority of the staff to a distance of at least 250 metres away. Nominate some staff to stay at a safe distance to prevent access to the site and await the emergency National Grid engineer,
- 6.14.2.3 If it is safe to do so:
- Put out naked flames,
  - Open doors and windows,
  - Turn off the gas supply.
- 6.14.3 DO NOT TURN ELECTRICAL SWITCHES ON OR OFF

- 6.14.4 If the general public in the neighbourhood are at risk contact the police on 999. No person shall interfere with any gas appliance or gas fitting or pipe work unless qualified and competent to do so.
- 6.15 Hazardous Substances (COSHH). All reasonable steps will be taken to ensure all exposure of employees and pupils to substances hazardous to health is prevented or at least controlled to within statutory limits.
- 6.15.1 Each school will implement the following:
- 6.15.1.1 An inventory of all substances hazardous to health kept or present on site will be maintained and copies of relevant hazard data sheets retained,
  - 6.15.1.2 Competent persons will be appointed to carry out risk assessments of the exposure to substances hazardous to health and advise on their control,
  - 6.15.1.3 All operations which involve, or may involve, exposure to substances hazardous to health will be assessed and appropriate control measures will be taken if elimination or substitution of the substance is not possible,
  - 6.15.1.4 Engineering controls will be properly maintained by planned preventive maintenance and annual performance monitoring to ensure continued effectiveness,
  - 6.15.1.5 Systems of work will be reviewed at suitable intervals and revised, if necessary,
  - 6.15.1.6 All members of staff and others who may work in the affected areas will be informed of the purpose and safe operation of all engineering controls,
  - 6.15.1.7 Personal protective equipment (PPE) will only be used as a last resort or as a back-up measure during testing or modification of other controls,
  - 6.15.1.8 The type and use of PPE will be carefully assessed and maintained according to manufacturers' instructions,
  - 6.15.1.9 Assessments will be reviewed periodically or if changes to the operation or any hazardous substances used,
  - 6.15.1.10 Qualified professionals, where necessary, will carry out health surveillance,
  - 6.15.1.11 Employee health records of all exposures to substances hazardous to health will be kept for a minimum of 40 years,
  - 6.15.1.12 All staff and (where necessary) pupils will be provided with understandable information and appropriate training on the nature of the hazardous substances they work with. Staff will be informed about any monitoring and health surveillance results,
  - 6.15.1.13 All changes to control measures and changes of PPE will be properly assessed and no new substances will be introduced into the school without prior assessment.
- 6.15.2 Substances Hazardous to Health. Substances hazardous to health as defined by the COSHH regulations are:
- 6.15.2.1 Substances classified as very toxic, toxic, harmful, corrosive or irritant. These can be identified by their warning label and carry the pictograms detailed below,
  - 6.15.2.2 Biological agents directly connected with work including micro-organisms,
  - 6.15.2.3 Dust of any kind when present as a substantial concentration in the air,

- 6.15.2.4 Substances which have a Workplace Exposure Limit (WEL) assigned to them by the Health and Safety Commission document EH40,
- 6.15.2.5 Any other substance not specified above which may create a comparable hazard to a person's health.

### **International system**

- 6.15.3 Principles of Control. Exposure to substances hazardous to health should either be prevented altogether, substituted with a less harmful substance, or (where it is not reasonably practicable) adequately controlled. In all cases personal protective equipment (PPE) should only be used where it is not reasonably practicable to adequately control exposure by other means. For example, fume cupboards in science labs and local exhaust ventilation systems on woodworking machinery should always take precedence over masks. If a substance is hazardous by inhalation, it is likely to have been assigned a Workplace Exposure Limit (WEL). This should be used to assess the level of control. Where PPE is identified as necessary for use by staff and pupils it should be ensured it is suitable for the purpose. Employees have a duty to make full and proper use of all control measures identified as required in the risk assessment and must wear appropriate PPE (lab coat, eye protection, gloves etc.) where this is identified as required. Adequate information and training must be provided on its use and maintenance.
- 6.15.4 Maintenance, Examination and Testing. Where controls such as fume cupboards, dust extraction for woodworking equipment etc. are provided it is necessary to ensure that they are properly maintained. This will require visual and operational checks pre use in addition to a thorough examination and tests of engineering controls. In the case of local exhaust ventilation, tests for fume cupboards, woodworking extraction etc. should be carried out at least every fourteen months. A record of the results of all examinations must be kept for at least 5 years. All PPE must be kept clean, in good repair and stored correctly to prevent contamination.
- 6.15.5 Health Surveillance. Health surveillance is typically only required in certain circumstances and is dependent on individual circumstances. Where there is a reasonable likelihood that an identifiable disease or adverse health effect associated with exposure will occur and the risk assessment shows that health surveillance is appropriate for the protection of employees these should be carried out. Monitoring and health surveillance records relating to named individuals must be kept for 40 years.
- 6.15.6 Information, Instruction and Training. Information, instruction and training must be given to employees and pupils who may be exposed, about the risks to health and precautions.

## **7. Arrangements (Infection Control to Risk Assessment)**

- 7.1 Infection Control. School staff and pupils are from time to time at risk of infection or of spreading infection.
  - 7.1.1 CIT Academies aims to minimise the risk of the spread of infection. Each school will:



- 7.1.1.1 Provide employees with information on potential infections and symptoms measures to assist with early identification and prompt implementation of control measures,
- 7.1.1.2 Inform and take advice from the local Consultant in Local Disease Control (CCDC) and the Environmental Health Department of the Local Authority if an increase in illness is noted in school, or if they have any concerns about infectious disease issues,
- 7.1.1.3 Maintain up-to-date emergency contact numbers for all pupils, not only so that parents can be contacted if children are ill and need to be taken home, but also to assist in the investigation of any outbreaks,
- 7.1.1.4 Maintain high standards of hygiene throughout the school including the promotion of good hand washing,
- 7.1.1.5 Provide warm water, liquid soap and disposable towels in all toilets and cloakrooms,
- 7.1.1.6 Undertake risk assessments to include the infection control risk and identify control measures associated with farm or other similar visits,
- 7.1.1.7 Ensure spillages of bodily fluids (blood, urine, vomit and faeces) are dealt with immediately and that adequate facilities are provided to provide protection to people involved,
- 7.1.1.8 Organise for the safe cleaning of equipment and where appropriate disinfection and thorough, cleaning of the premises,
- 7.1.1.9 Arrange for safe disposal of any infected materials.
- 7.1.2 Further Information. The Health Protection Agency (HPA) provides details on recommended exclusion periods for the more common communicable diseases in Guidance on Infection Control in Schools. Factsheets on infectious diseases are available from the Health Protection Agency <http://www.hpa.org.uk/Publications/InfectiousDiseases/Factsheets/>
- 7.1.3 Staff Illness and Reporting. Staff should notify their manager if they develop any of the following infectious diseases or symptoms:
  - 7.1.3.1 Skin infections or exposed areas of infestation,
  - 7.1.3.2 Severe respiratory infection (e.g. pneumonia, TB),
  - 7.1.3.3 Severe diarrhoea,
  - 7.1.3.4 Jaundice,
  - 7.1.3.5 Hepatitis,
  - 7.1.3.6 Chicken Pox, Measles, Mumps, Rubella,
  - 7.1.3.7 HIV,
  - 7.1.3.8 Weil's Disease.
- 7.1.4 Individual suitable controls will need to be applied dependant on the circumstances of each case. In some instances, employees may need to be referred to an Occupational Health Practitioner or their GP for advice.
- 7.1.5 Staff should report diseases including Leptospirosis, Hepatitis, TB, and Tetanus which have been contracted through work as these are reportable under RIDDOR (Reporting of Injuries, Diseases and Dangerous Occurrences Regulations).
- 7.1.6 Confidentiality. Confidentiality will be maintained at all times in relation to an employee who is known to have any infectious disease. No health information will be disclosed without the written consent of the employee concerned and any breach of such confidentiality, either inside or outside the school, will be regarded as a disciplinary offence and may result in disciplinary action.
- 7.2 When notified that the country is experiencing a pandemic or epidemic, the Trust/School will aim to prevent the spread of infection through work-based activities by adopting suitable control measures.
  - 7.2.1 The Trust/School will:

- 7.2.1.1 follow guidance given by government agencies and close work sites if instructed to or if employees or any person is put at risk,
  - 7.2.1.2 undertake risk assessments to identify tasks or situations that may expose individuals or groups to potential risks,
  - 7.2.1.3 monitor any changes to government guidance,
  - 7.2.1.4 manage the risk posed by contractors and visitors visiting the workplace,
  - 7.2.1.5 develop and implement an emergency action plan to deal with any potential outbreaks,
  - 7.2.1.6 allow employees to take part in any government testing,
  - 7.2.1.7 identify, plan and implement controls and safe systems of work to prevent transmission,
  - 7.2.1.8 provide information, instruction and training to those identified at risk,
  - 7.2.1.9 where required, provide personal protective equipment (PPE) and monitor its use and maintenance,
  - 7.2.1.10 organise for the safe cleaning of equipment and, where appropriate, disinfection and thorough cleaning,
  - 7.2.1.11 arrange for safe disposal of any infected materials and adopt good hygiene practices.
- 7.3 Interactive Whiteboards. All reasonable steps will be taken by the school to secure the health and safety of employees and pupils when interactive whiteboards are used.
- 7.3.1 To achieve this objective each school will:
- 7.3.1.1 Consider ultra-short throw projectors as a first option during the procurement process as these present the safest option for teachers and pupils,
  - 7.3.1.2 Prior to the installation of any new whiteboard a risk assessment will be completed to cover the positioning of the projector and the exposure to intense light,
  - 7.3.1.3 Try to ensure that projectors are located out of the sight line from the screen to the classroom; to ensure that, when teachers look at the class, they do not also have to stare at the projector lamp. (The best way to achieve this is by ceiling-mounting rather than floor or table-mounting the projector),
  - 7.3.1.4 Ensure that pupils are adequately supervised when they are asked to point out something on the screen,
  - 7.3.1.5 Provide a stick or laser pointer to avoid the need for the user to enter the beam is recommended,
  - 7.3.1.6 Provide adequate information and training to persons working with interactive whiteboards especially in relation to beam viewing by teachers and pupils.
- 7.3.2 Guidance for Users:
- 7.3.2.1 Teachers and pupils should avoid staring into the projector beam at all times,
  - 7.3.2.2 Try to keep your back to the beam as much as possible,
  - 7.3.2.3 Use the stick or laser pointer provided whenever possible.
- 7.4 Legionnaires Disease. All reasonable steps will be taken to identify potential legionellosis hazards and to prevent or minimise the risk of exposure.
- 7.4.1 Each school will:
- 7.4.1.1 Carry out a Legionellosis Risk Assessment,
  - 7.4.1.2 Prepare a written scheme/plan for preventing or controlling the risk of Legionella,
  - 7.4.1.3 Implement and manage the scheme/plan,
  - 7.4.1.4 Keep records for a minimum of 5 years.

- 7.4.2 Day to day responsibility for monitoring and ensuring that the systems are being correctly operated lies with the Site Manager/Caretaker. At risk systems include the hot and cold-water storage and distribution system. To achieve control of legionella bacteria the school will implement the following:
- 7.4.2.1 Avoidance of Conditions Favouring Growth of Organisms. As far as practicable, water systems will be operated at temperatures that do not favour the growth of legionella. The recommended temperature for hot water is 60°C and either above 50°C or below 20°C for distribution, as care must be taken to protect people from exposure to very hot water. The use of materials that may provide nutrients for microbial growth will be avoided. Corrosion, scale deposition and build-up of bio films and sediments will be controlled, and tanks will be lidded.
  - 7.4.2.2 Monitoring and recording. Temperatures of water outlets will be checked and recorded to ensure temperature controls to prevent bacterial growth are maintained.
  - 7.4.2.3 Disinfection. Periodic disinfection of shower heads will take place to remove any scale and bacteria.
  - 7.4.2.4 Emergency procedures. Emergency procedures will be established for the discovery of Legionella bacteria. If during routine sampling/inspection of hot and cold-water systems Legionella bacteria is discovered in any systems likely to provide a medium for the spread of infection (e.g. water aerosol spraying equipment) these will be shut down and the situation reported immediately to the Site Manager/Caretaker.
  - 7.4.2.5 Training. Each school will provide training to the Site Manager/Caretaker responsible for the day-to-day management of the water systems.
- 7.5 Lifts. All reasonable steps will be taken to maintain all lifts throughout CIT Academies. Implementation.
- 7.5.1 Each school will ensure that:
    - 7.5.1.1 An examination scheme is drawn up by a competent person for each lift,
    - 7.5.1.2 All lifts are fitted with appropriate barriers and interlocking gates to prevent passengers or cargo from falling from the lift, coming into contact with the lift machinery or entering/exiting the lift when it is not at a designated landing,
    - 7.5.1.3 Suitable equipment and mechanisms are installed to prevent the lift from;
      - Leaving its landing when the doors are unlocked and/or open,
      - Falling (including its maximum working load) in the event of a failure in the lifting mechanism,
      - Overrunning its furthest intended point of travel,
      - Being operated from more than one position at any one time,
      - Being overloaded or exceeding its maximum number of passengers.
    - 7.5.1.4 Lifts are maintained in a safe condition and examined/inspected by competent persons (annually for goods lifts and 6 monthly if lifting people),
    - 7.5.1.5 The safe working load (SWL) is clearly displayed inside each lift,
    - 7.5.1.6 Notices are posted adjacent to each lift opening advising against the use of a lift in the event of a fire,
    - 7.5.1.7 Arrangements are made for the emergency evacuation of persons in the event of lift failure,
    - 7.5.1.8 Lift motor rooms are kept locked, and entry only allowed to authorised persons.
  - 7.5.2 Records. All thorough examination reports will be kept for a minimum of 2 years.
- 7.6 Lone Working. This Policy on lone working relates to any individual who spends some or all of their working hours working alone without direct supervision and who does not



have someone close at hand to assist them in the case of an incident. Lone working increases the health and safety risks to individuals because they may not be able to summon assistance in the event of an incident and any delay may in receiving attention may increase the consequences of any injury.

- 7.6.1 People falling into this category may include:
  - 7.6.1.1 anyone working outside normal hours on their own
  - 7.6.1.2 cleaners who normally work outside school hours
  - 7.6.1.3 teachers in classrooms away from the main building in the sports centre
  - 7.6.1.4 teachers working in workshops or laboratories
  - 7.6.1.5 caretakers or maintenance staff
  - 7.6.1.6 employees who open up or close the building on their own.
- 7.6.2 It is acceptable for people to work alone so long as the school has completed a risk assessment and any measures deemed necessary have been put into place. People who are not lone workers:
  - 7.6.2.1 Teachers or others working alone in a classroom or office in the main school buildings when the school is open.
- 7.6.3 Some activities should not be carried out by people working alone and each school should identify those that are relevant to them, typically this may include:
  - 7.6.3.1 Working at height on ladders or tower scaffolds,
  - 7.6.3.2 Use of high-risk chemicals,
  - 7.6.3.3 Use of high-risk machinery,
  - 7.6.3.4 Electrical work,
  - 7.6.3.5 Entry to areas of restricted or limited access or exit.
- 7.6.4 Key Actions;
  - 7.6.4.1 identify all workers who work alone,
  - 7.6.4.2 Identify all locations where lone working is carried out,
  - 7.6.4.3 Complete a risk assessment for all lone working,
  - 7.6.4.4 Control measures to be identified, prioritised and implemented,
  - 7.6.4.5 Higher risk activities/area identified, and formal decisions made on authorisation of lone working,
  - 7.6.4.6 Formal systems/procedures developed for particular activities/areas as required.
- 7.6.5 Requirements of lone workers. It is important that lone workers are considered for any known medical conditions which may make them unsuitable for working alone. Consideration should be given to routine work and foreseeable emergencies which may impose additional or specific risks. Lone workers must be suitably experienced, have suitable instructions and if necessary, training on the risks they are exposed to and the precautions to be used. The school shall ensure adequate supervision is provided. The adequacy of the supervision will depend on the level of the risk, types and duration of exposure. Adequacy of supervision may involve some of the following:
  - 7.6.5.1 Periodic checks on lone workers i.e. visual,
  - 7.6.5.2 Periodic contact with lone worker i.e. telephone,
  - 7.6.5.3 General or specific alarms for emergencies,
  - 7.6.5.4 Checks on lone workers to ensure they have returned to the school on completion of extracurricular activities.
- 7.6.6 Rules for Lone Workers;
  - 7.6.6.1 Anyone working alone must have access to a telephone and ensure that a relative or colleague is aware,
  - 7.6.6.2 The caretaker (or other named person) must be informed of anyone intending to work late and a satisfactory arrangement made for locking up the building,

- 7.6.6.3 When the caretaker (or other named person) is not present all lone workers, for reasons of security, health and safety, should lock themselves in the building,
- 7.6.6.4 Staff must not place themselves in danger by challenging intruders or vandals but should call the police for assistance,
- 7.6.6.5 Staff working alone have a responsibility for making themselves familiar with and following the school's safety procedures and location of safety equipment,
- 7.6.6.6 If staff rely on mobile phones, they must ensure that their network has good reception within school. Although phones can give extra reassurance, they do not provide complete protection and staff should still be alert for their own personal safety at all times,
- 7.6.6.7 In the situation where two or more people are working in isolated areas of an otherwise unoccupied building, personnel should keep each other informed about their movements.
- 7.6.7 Opening/Closing School. When the last person has left the building and notified the caretaker (or other named person), they should then secure the building. This includes the closing of all fire doors and leaving on any emergency and exterior lights. When the caretaker (or other named person) arrives in the morning he must make a quick examination of the exterior of the building to make sure that there are no signs of a break-in or of anyone having been in the building. If the caretaker is in any doubt, he should contact the Police/security firm and should never enter the building if he is unsure of his safety. Key holders are also advised to inform someone when they are attending an alarm call out.
- 7.6.8 Emergency Considerations. Lone workers should be capable of responding correctly to emergencies. Risk assessment should identify foreseeable events. Emergency procedures should be established, and the people concerned trained in using the procedures. Emergency Procedures may need to cover:
  - 7.6.8.1 Fires resulting from the process or work being undertaken,
  - 7.6.8.2 If a person has an accident what needs to be done to recover them, especially important in laboratories,
  - 7.6.8.3 Actions to be taken in case of a chemical spill,
  - 7.6.8.4 Actions to be taken in the event of power failure (for example where the person is reliant on power for their safety systems or for egress from a building e.g. power operated doors).
- 7.7 Manual Handling. Manual handling means: the transporting or supporting of a load by hand or by bodily force including lifting, putting down, carrying, pushing or pulling. A load can include a person or animal as well as inanimate objects but not an implement, tool or equipment while in use for its intended person.
  - 7.7.1 Typical manual handling tasks in school are:
    - 7.7.1.1 Moving tables and chairs,
    - 7.7.1.2 Carrying piles of books or stationery,
    - 7.7.1.3 Putting out PE equipment,
    - 7.7.1.4 Maintenance activities,
    - 7.7.1.5 Receiving and putting away food deliveries.
  - 7.7.2 To prevent injuries and long-term ill-health from manual handling the school will ensure that activities which involve manual handling are eliminated, so far as is reasonably practicable. Where it is not practical the school will carry out an assessment to determine what control measures are required to reduce the risk to an acceptable level. To implement this policy each school will ensure that:
    - 7.7.2.1 There is no lifting wherever possible and in relation to the handling of pupils with special needs, this policy is intended to promote a safer handling approach, which means no manual lifting of the whole or a substantial part of a person's body weight,

- 7.7.2.2 Manual handling assessments are carried out of activities that;
  - Pose a foreseeable risk of injury,
  - Cannot be avoided,
  - Cannot be mechanised and consider the risks to pupils and employees.
- 7.7.2.3 Adequate information and training is provided to persons carrying out manual handling activities including details of the approximate weights of loads to be handled and objects with an uneven weight distribution, where appropriate,
- 7.7.2.4 Any injuries or incidents relating to manual handling are investigated, with remedial action taken,
- 7.7.2.5 Employees are properly supervised,
- 7.7.2.6 Where relevant, employees undertaking manual handling activities are suitably screened for reasons of health and safety, before doing the work,
- 7.7.2.7 Special arrangements are made for individuals with health conditions which could be adversely affected by manual handling operations,
- 7.7.2.8 Wherever possible, the school will conduct the risk assessments of pupils with special needs before they attend, and the school should seek to receive information on pupils in advance.
- 7.7.3 Reducing the risk of injury. In considering the most appropriate controls, an ergonomic approach to designing the manual handling operation will optimise the health, safety and productivity associated with the task. Techniques of risk reduction will include:
  - 7.7.3.1 Mechanical assistance,
  - 7.7.3.2 Redesigning the task,
  - 7.7.3.3 Reducing risk factors arising from the load,
  - 7.7.3.4 Improvements in the work environment,
  - 7.7.3.5 Employee selection.
- 7.7.4 No employee will be required to lift any item that they do not feel confident of doing without risking personal injury.
- 7.7.5 Moving and Handling People. There are occasions when a student with medical needs requires assistance in moving. While the basics outlined above still apply, there are other considerations. Moving and Handling of People should only be undertaken by trained staff unless exceptional circumstance requires this to be undertaken. When a move is essential and the person requires help, then their co-operation should be sought where possible. The move should be explained to them so that they can actively participate in it.
- 7.7.6 Whenever a student with physical disabilities needs regular support in standard moves such as from a wheelchair to toilet or a seat or vehicle, then a full risk assessment must be written up. Clear instructions covering each activity should be included, so that all staff members who are involved in the task may move the person safely and in the same manner. Ancillary equipment such as hoists, sliding boards, swivel plates, etc. must all be used in the correct manner and staff must have received appropriate training in the use of the equipment.
- 7.7.7 The risk assessment should consider both routine manual handling and emergency situations when manual-handling procedures may have to be adapted (e.g. evacuation in the event of a fire). The risk assessment will help inform the procedures for that student's needs. Procedures should be developed with the student or their representatives. An individual's needs might vary day-to-day and even during the course of a day.
- 7.7.8 Schools should endeavour to ensure employees adopt the same handling techniques when assisting pupils with moving and handling to ensure a consistent and safe approach. This will help to keep the student calm and reduce the risk of struggling, sudden movement or violence.

- 7.7.9 The expert advice of external medical professionals should be considered where complex moving and handling problems of pupils are presented. Key Actions:
  - 7.7.9.1 Teachers to identify and list tasks with a potential to cause injury,
  - 7.7.9.2 complete a manual handling risk assessment for each task,
  - 7.7.9.3 Bring the assessment to the attention of relevant staff and pupils, where relevant,
  - 7.7.9.4 Provide manual handling information and where required training for staff and pupils,
  - 7.7.9.5 Supervise tasks to ensure safe lifting and handling,
  - 7.7.9.6 Review assessments at least annually,
  - 7.7.9.7 Complete risk assessments for pupils with special needs before they enter school.
- 7.8 Minibus.
  - 7.8.1 Legal Requirements. The law requires that a minibus must:
    - 7.8.1.1 Be correctly licensed,
    - 7.8.1.2 Be adequately insured,
    - 7.8.1.3 Be well maintained,
    - 7.8.1.4 Have a valid MOT certificate (if more than one year old).
  - 7.8.2 Each school will ensure that appropriate safety procedures are established for the minibus in line with the ROSPA Advice for Minibus Safety and their code of practice. A copy of the full code of practice is available at [www.rospa.com](http://www.rospa.com).
  - 7.8.3 Driver Training. It is essential that the school is satisfied that all persons authorised to drive are competent to drive a school vehicle containing pupils safely. The absolute minimum requirements to comply with our insurance are that the drivers:
    - 7.8.3.1 Are over the age of 21,
    - 7.8.3.2 Have category D1 on their licence,
    - 7.8.3.3 Minibuses Under 3.5 Tonnes. Minibuses weighing 3.5 tonnes or less can be driven on a car licence, but if the weight of passengers and luggage takes the vehicle over 3.5 tonnes, you must have a D1 on your licence,
    - 7.8.3.4 Have at least two years' experience as a qualified driver,
    - 7.8.3.5 Hold a current full driving licence with no more than 6 penalty points. If a driver has less than 6 points, the driver may still be precluded if the points are for dangerous driving,
    - 7.8.3.6 Completed MIDAS training refreshed every 5 years.
  - 7.8.4 To comply with the above, the school has gone further in its quest to ensure that pupils are driven in safety. Prior to transporting pupils for the first time, all drivers will be given the opportunity of a vehicle familiarisation session to include:
    - 7.8.4.1 Daily vehicle checks,
    - 7.8.4.2 Pre-journey checks,
    - 7.8.4.3 General driving safety,
    - 7.8.4.4 Road testing,
    - 7.8.4.5 Emergency stop,
    - 7.8.4.6 Use of mirrors and indicators,
    - 7.8.4.7 Reversing using mirrors only,
    - 7.8.4.8 Passenger safety,
    - 7.8.4.9 Passenger comfort.
  - 7.8.5 All new drivers will be added to the list of authorised minibus drivers. Staff that passed the test to drive a car after 1st January 1998 are required to successfully complete a PSV test to drive the school minibuses.
  - 7.8.6 Drivers Hours. It is CIT Academies' policy that if there is a trip which involves a driver being in charge on an extended day, then a second adult should accompany the party and that person should be competent to share the driving to reduce the possibility of driver fatigue. An extended day is anything beyond

- 7.00pm when the teacher started work at 8.45am. This requirement is non-negotiable.
- 7.8.7 Driver's Responsibilities. Whilst each school will ensure a weekly check of the condition of the minibuses, drivers are responsible for the following checks before embarking on their trips:
- 7.8.7.1 Do a visual inspection of the minibuses which includes tyre pressure checks and that the windscreen and glass is clean and can be seen through,
  - 7.8.7.2 Check brakes to see that they are functioning correctly,
  - 7.8.7.3 Ensure that mirrors and seat are in the correct driving position,
  - 7.8.7.4 Check that all lights are functioning correctly,
  - 7.8.7.5 Ensure that all seat belts are being worn. This includes all passengers, who must wear a seat belt,
  - 7.8.7.6 Ensure that the windscreen washer system works and that wipers are functioning correctly,
  - 7.8.7.7 Ensure that the vehicle is correctly loaded and that no more than sixteen passengers are being carried,
  - 7.8.7.8 Ensure that all wheel chair clamps and restraints are fitted correctly and functional,
  - 7.8.7.9 Emergency exits must not be blocked,
  - 7.8.7.10 Ensure that all doors are correctly closed,
  - 7.8.7.11 Check that you have enough fuel for your journey,
  - 7.8.7.12 As soon as possible after moving off, the driver should carry out a running brake test and at the same time, check the operation of the seat belts,
  - 7.8.7.13 At intervals throughout the journey, all instruments and warning lights should be checked, and necessary action taken if a fault is indicated,
  - 7.8.7.14 Ensure that food and drink are not consumed on the vehicle,
  - 7.8.7.15 Make sure that no rubbish is left on the vehicle and ensure that no malicious damage has occurred to the interior of the vehicle.
- 7.8.8 At the end of the journey the driver must lock and make the vehicle secure. Keys should only be taken just prior to making use of the minibuses. The keys should be returned immediately after use.
- 7.8.9 Passenger Responsibilities:
- 7.8.9.1 Must wear seat belts and always remain in their seats until instructed otherwise,
  - 7.8.9.2 Must never distract the driver by shouting, etc.,
  - 7.8.9.3 Pupils should not eat or drink on the vehicle,
  - 7.8.9.4 Must make sure that escape routes are not blocked by bags, etc.,
  - 7.8.9.5 Pupils are ambassadors of the academy and must never bring its name into disrepute by gesturing, etc.,
  - 7.8.9.6 Passengers found to have vandalised the minibuses may face a ban from using it again and be required to pay for damages.
- 7.8.10 Accident Procedures. If an accident occurs and any personal injury or damage to third party property is involved, then the driver must stop. He/she must be prepared to give his name and address and details of the owner of the vehicle to a Police Officer or any other person having reasonable grounds to ask. If for any reason the driver is not able to give these details then he/she must report in person to a Police Station as soon as practically possible, otherwise an offence is committed, and in any event not later than twenty-four hours afterwards. Report the accident immediately to the school and complete the appropriate forms for onward transmission to our insurers.



- 7.8.11 Breakdown and Recovery. The minibuses are covered for breakdown and recovery. Details of how to contact the providers and our membership numbers are in the minibus.
  - 7.8.12 First Aid. All minibuses contain first aid boxes which are checked at the end of each term. The contents of these boxes include:
    - 7.8.12.1 Antiseptic wipes,
    - 7.8.12.2 Bandages,
    - 7.8.12.3 Assorted adhesive dressings,
    - 7.8.12.4 Plasters,
    - 7.8.12.5 Eye pads,
    - 7.8.12.6 Scissors.
  - 7.8.13 Any use of the first aid kit must be reported as soon as possible thereby maintaining a full kit at all times.
  - 7.8.14 Minibuses must not be used for private use.
  - 7.8.15 Weekly Checks. Weekly checks of the minibuses will be carried out and recorded. Staff who notice any defects in the minibuses should immediately notify the nominated person who will then determine whether or not the vehicle should be taken off the road and repairs carried out. The minibuses are inspected every ten weeks and serviced in line with the manufacturer's recommendations.
  - 7.8.16 Incorrect Use of the Minibuses. A driver who breaks the speed limit will be responsible for paying his/her own fines. Similarly fines imposed for incorrect car parking or negligent driving will be the responsibility of the driver. Any damage caused to the minibuses through incorrect use, may result in the driver being asked to contribute fully or partially to any excess payable by the academy.
  - 7.8.17 Speed Limits. The speed limit for minibuses is as follows:
    - 7.8.17.1 30 mph not 40 mph on urban carriageways,
    - 7.8.17.2 50 mph not 60 mph on single carriageways,
    - 7.8.17.3 60 mph not 70 mph on dual carriageways,
    - 7.8.17.4 70 mph on motorways.
  - 7.8.18 List of Authorised Drivers. The school will keep a list of drivers who have been authorised to drive the minibuses. Authorisation may be withdrawn at any time by the Substantive Head Teacher. Any member of staff who has been advised not to drive their own vehicle for medical reasons must advise the school immediately.
- 7.9 Needlestick or Sharps Injuries. A needlestick or sharps injury is when the skin is punctured or scratched by a needle or sharp device that may be contaminated. Needles will most commonly be found in adrenaline auto-injectors (known as EpiPens) or other medication prescribed to pupils or staff in an auto-injector. Needles, sharps and other waste or drug paraphernalia may also be illicitly brought on site by pupils, or be dumped on site by members of the public in an attempt to covertly dispose of it. As such, the school will take all reasonable steps to protect staff and pupils from the risks of needles, sharps and similar waste. The direct handling of needles should be avoided if they are found on site. If this is not possible pick up the needle by the thick end wearing gloves. The needle should then be placed in an appropriate container for disposal. A used EpiPen or other auto-injector for medication should be treated in the same way even if it incorporates a mechanism for automatically re-sheathing the needle after use.
- 7.9.1 If a member of staff or pupil suffers an injury from a needlestick or sharp which may be contaminated they must:
    - 7.9.1.1 Encourage the wound to gently bleed, ideally holding it under running water,
    - 7.9.1.2 Wash the wound using running water and plenty of soap,



- 7.9.1.3 Don't scrub the wound whilst you are washing it,
- 7.9.1.4 Don't suck the wound,
- 7.9.1.5 Dry the wound and cover it with a waterproof plaster or dressing,
- 7.9.1.6 Seek medical assistance as advised by the First aider,
- 7.9.1.7 Ensure that the injury is recorded in the Accident Book.
- 7.9.2 New and Expectant Mothers. CIT Academies recognises that the general precautions taken to protect the health and safety of the workforce as a whole may not in all cases protect new and expectant mothers and there may be occasions when, due to their condition, different and/or additional measures will be necessary. To implement effective measures for new and expectant mothers each school will ensure that:
  - 7.9.2.1 Employees are instructed at induction to inform their manager of their condition at the earliest possible opportunity and that the highest level of confidentiality is maintained at all times,
  - 7.9.2.2 Risk assessments are carried out for all work activities undertaken by new and expectant mothers and associated records and documentation maintained,
  - 7.9.2.3 New and expectant mothers are not allowed to work with chemicals of a mutagenic/teratogenic classification,
  - 7.9.2.4 Necessary control measures identified by the risk assessment are implemented, followed, monitored, reviewed and, if necessary, revised,
  - 7.9.2.5 New and expectant mothers are informed of any risks to them and/or their child and the controls measures taken to protect them,
  - 7.9.2.6 Any adverse incidents are immediately reported and investigated,
  - 7.9.2.7 Appropriate training etc. is provided where suitable alternative work is offered and accepted,
  - 7.9.2.8 Provision is made to support new and expectant mothers who need to take time off work for medical reasons associated with their condition,
  - 7.9.2.9 Where relevant a suitable rest area is provided to enable the new or expectant mother to rest in a degree of privacy and calm,
  - 7.9.2.10 Where risks cannot be eliminated or reduced to an acceptable level then consideration will be given to adjusting working conditions and/or hours or if necessary, providing suitable alternative work or suspension with pay.
- 7.10 Outdoor Play Equipment. Safe use of equipment. Supervision. Children must be supervised at all times whilst using outdoor play equipment and the appropriate number of people required to supervise play areas must be determined for each location. Supervising staff should be familiar with the equipment, the rules for use and of the ability of the children.
  - 7.10.1 General guidelines:
    - 7.10.1.1 Staff/supervisors on duty must ensure that outdoor play equipment is visible and can be appropriately supervised when in use,
    - 7.10.1.2 Staff/supervisors on duty have a responsibility to make regular checks for defects and report them as appropriate,
    - 7.10.1.3 Staff/supervisors have a responsibility to ensure appropriate behaviour policy,
    - 7.10.1.4 Consideration needs to be given to weather conditions, outdoor play equipment should not be used during wet or icy conditions,

- 7.10.1.5 Apparatus must only be used at appropriate times when supervised. Parents need to be informed that the apparatus is for school aged children only and not to be used before and after school.
- 7.10.2 Clothing/Footwear. Suitable clothing should be worn. Hazards can arise from - unfastened coats, woollen gloves, scarves, ties, etc. Appropriate footwear must be worn. Hazards arise from - slippery soles, open toed and sling back sandals, heels and untied laces, etc.
- 7.10.3 Zoning of Activities. Consideration will be given to the range of activities occurring within the playground area:
  - 7.10.3.1 Ball games/chasing games to be sited away from the climbing area,
  - 7.10.3.2 In a nursery garden, wheeled toys in particular, are to be used away from the climbing area.
- 7.10.4 Play equipment standards. All new outdoor play equipment to be designed, constructed, installed and maintained in accordance with European standards BS EN 1176 and BS EN 1177. These European standards are not retrospective or a legal requirement but represent good practice in the event of an accident claim. Play equipment which was considered safe under BS 5696 will still be safe under the new standards. The independent competent person carrying out annual inspection and maintenance will advise whether any alterations need to be made. Only manufacturers/contractors with appropriate play industries registration will be used to install new outdoor play equipment. Schools will check that companies have API (Association of Play Industries) or BSI registration for equipment manufacture and installation.
- 7.10.5 Scrambling and climbing elements must not exceed 3 metres, for children below 5 years the height should be a maximum of 1.6 metres. Height should not be the dominant feature on any item of equipment. Interest challenge and enjoyment should be achieved without the need for height itself. Structures must be spaced clear of each other to prevent one activity interfering with another, they must also be clear of walls, fences etc. Suppliers of new equipment will be required to supply information relating to surfacing requirements, intended age range, risk assessment, installation instructions, servicing and maintenance instructions.
- 7.10.6 Safety surfaces. All products must meet the appropriate BS EN Standards. Both portable and fixed climbing equipment that has a fall height of 600mm must be on an impact-absorbing surface if used outside. (Fall height is the distance from the clearly intended body support to the impact area). Although impact absorbing surfaces cannot prevent accidents, they may reduce the level of injury. There are a range of surfaces available which provide impact attenuation including rubber mats and tiles, bark etc. The extent of surfacing around static equipment is dependent on the fall height; this should extend at least 1.75m beyond the outermost points of the base of the frame. When considering so called safety surfaces their likely effectiveness, durability, practicality and management will be taken into account. Materials such as topsoil and turf do have limited impact absorbing properties. Where bark is used this area should be a minimum of 300mm deep with a recommended particle size of 38mm max and 12mm min. Loose materials will spread if not suitably contained and will need to be topped up from time to time, thus it is important to have additional bark available to top up to the original level.
- 7.10.7 Inspection and maintenance. For new equipment a post installation inspection will be arranged. BS EN 1176 recommends that all outdoor

- play equipment be inspected and maintained on a regular basis. Such inspection and maintenance are at 3 levels.
- 7.10.8 Level 1 checks – Daily / pre use checks by staff (these do not require formal recording). Concentrating on the following points:
    - 7.10.8.1 No evidence of obvious wear / damage,
    - 7.10.8.2 Area safe from health hazards e.g. needles, glass, faeces, etc.,
    - 7.10.8.3 Impact absorbing surfaces no cuts, tears, wear or unstuck areas,
    - 7.10.8.4 All fastening tightly secured,
    - 7.10.8.5 No broken chains, stretched links or loose or twisted shackles,
    - 7.10.8.6 Uprights unbroken and firm in the ground.
  - 7.10.9 Where any defects / hazards are identified appropriate steps must be taken to prevent use until problems have been satisfactorily resolved.
  - 7.10.10 Level 2 checks – termly inspection in house. A more thorough check of the equipment to be conducted termly and these records kept on site.
  - 7.10.11 Level 3 checks – annual inspection. A detailed certified inspection by an independent competent person capable of inspecting to BS EN 1176 and 1177 these checks must be formally recorded, and records kept on site. Such checks ensure safety and identify any improvements required in terms of the European standards. The competent person conducting the annual inspection will advise on the extent of surfacing required for both static and moving equipment.
- 7.11 Personal Protective Equipment. CIT Academies provides personal protective equipment (PPE) when the risk presented by a work activity cannot be eliminated or adequately controlled by other means. When it is provided, it is because health and safety hazards have been identified that require the use of PPE and it is therefore necessary to use it in order to reduce risks to a minimum.
- 7.11.1 To effectively implement its arrangements for the use of PPE each school will:
    - 7.11.1.1 Ensure that PPE requirements are identified when carrying out risk assessments,
    - 7.11.1.2 Use the most effective means of controlling risks without the need for PPE whenever possible and only provide PPE where it is necessary,
    - 7.11.1.3 Carry out an assessment to identify suitable PPE,
    - 7.11.1.4 Ensure that if two (or more) items of PPE are used simultaneously, they are compatible and are as effective used together as they are separately,
    - 7.11.1.5 Ensure that PPE is sourced appropriately and bears the “CE” certification mark,
    - 7.11.1.6 Ensure PPE is available to all staff who need to use it,
    - 7.11.1.7 Provide adequate accommodation for correct storage of PPE,
    - 7.11.1.8 Provide adequate maintenance, cleaning and repair of PPE,
    - 7.11.1.9 Inform staff of the risks their work involves and why PPE is required,
    - 7.11.1.10 Instruct and train staff in the safe use and maintenance of PPE,
    - 7.11.1.11 Make arrangements for replacing worn or defective PPE,

- 7.11.1.12 Review assessments and reassess the need for PPE and its suitability whenever there are significant changes or at least annually.
- 7.11.2 Employees provided with PPE for their own personal use at work will be required to sign to confirm its receipt.
- 7.12 Physical Education/Outdoor education. CIT Academies is committed to safe practice in physical education and recognises that the school and the teaching staff and others in positions of responsibility have a duty of care for those in their charge to ensure that planning and implementation include recognition of safety as an important element. Young people should learn about the principles of safety as applied to themselves and to the care and wellbeing of others. This should be a planned and intentional aspect of the curriculum. The school follows the standards set out in 'Safe Practice in Physical Education and School Sport' produced by the Association for Physical Education.
  - 7.12.1 Staff competence and qualifications. Teachers Adults with responsibility for the planning and delivery of PE programmes, outdoor education activities should have satisfactorily completed appropriate initial and/or in-service training which cover all those aspects of activity required to be taught, as recognised by the DfE. Where there are specific National Governing Body Certificates available for certain sport or activities, teachers planning or supervising these activities should be certificated as appropriate.
  - 7.12.2 Only in exceptional circumstances and with great care should teachers of other subjects who have no specialist training in physical education be time-tabled to teach in the PE department. Those teaching staff should not take full responsibility for any aspect of physical activity where there are elements of hazard and attendant risk. This will include swimming, gymnastics, athletics and throwing events.
  - 7.12.3 Supervision of pupils. Unqualified teachers will not be required to teach in areas where they lack the appropriate experience and expertise, particularly where there are safety implications. A qualified specialist teacher should closely supervise PE classes. It is not acceptable for non-teaching staff to supervise a practical class on their own.
  - 7.12.4 Adults other than Teachers (AOTTs). When adults other than teachers are used to support the delivery of physical education and in the extended curriculum to:
    - 7.12.4.1 support and work alongside teachers in the delivery of the curriculum,
    - 7.12.4.2 work alongside and support teachers in the development of school clubs and teams on the school site,
    - 7.12.4.3 deliver off-site activities.
  - 7.12.5 The Local School Board continue to have a duty of care that operates for any activity in which pupils are engaged. Teachers cannot transfer this duty and therefore AOTTs must work alongside teachers with supervision. The school will ensure that stringent checks, including Disclosure and Barring Service (DBS) checks, are made before allowing any unsupervised access to children. Refer: 'Guidelines for Local Education Authorities, Schools and Colleges' in the use of 'Adults other than Teachers in Physical Education and Sport Programmes', BAALPE.
  - 7.12.6 Class sizes in Physical Education. In determining the size of teaching groups in physical education, account will be taken of:
    - 7.12.6.1 Nature of the activity,
    - 7.12.6.2 Age, experience and developmental stage of pupils,
    - 7.12.6.3 Requirements of National Curriculum.

- 7.12.7 Risk Assessment. The school will create and maintain a risk assessment for each PE work area. Significant hazards and their control measures will be included in “schemes of work” as appropriate. All staff working in PE and school sport will be made aware of these findings and be involved in their review.
- 7.12.8 Manual handling and storage of equipment. Where possible manual handling tasks should be avoided, or the risk of handling injury minimised by appropriate task design or the use of handling aids (e.g. trolleys). The layout of storage areas should minimise the need to stretch, reach, bend or twist the body excessively to reach frequently used or heavy items. This can be enhanced by ensuring that storage areas are kept tidy and well organised.
- 7.12.9 Apparatus Handling by Pupils. It is an integral part of the subject to involve pupils in apparatus handling, particularly in gymnastics. However, this must be carried out in such a way as to reduce risk to pupils as far as is reasonably practicable. The school will make arrangements to enable pupils to learn how to handle equipment safely according to their age and strength.
- 7.12.10 Inspection of equipment. All indoor PE facilities (gymnasiums, halls, sports halls, multi-gyms etc.) and equipment will be inspected termly, and records kept. PE department staff should carry out pre-use visual checks of equipment to identify obvious defects this includes a visual sweep of playing areas prior to use to ensure any hazardous objects are removed. All games posts will be kept in good condition, with freestanding posts and lighter portable posts secured to prevent them falling over and all posts subject to regular checks.
- 7.12.11 Hazards and equipment defects. It is the responsibility of everyone in the PE department to inform the teacher in charge of any hazards, e.g. defects to equipment, so that appropriate action can be taken. If the teacher in charge considers a defect to be a significant threat to health and safety, the equipment must be taken out of action until the defect to the equipment has been remedied and/or the Head of Department agrees it is safe to be used. A notice must be attached to the equipment indicating that it is faulty and must not be used.
- 7.12.12 Emergency procedures. The Head of Department is responsible for preparing written emergency procedures for activities where there is a risk of serious and imminent danger to employees and/or pupils. Where employees are allocated specific tasks to perform in an emergency their role will be detailed, and they will be suitably trained.
- 7.12.13 Away Fixtures. Such risks could be significant in the case of an injury to pupil(s) during a lesson both on-site and off-site. Effective procedures are complicated by when and where the emergency happens. The school will consider what they will do during away fixtures and matches and agree procedures that will ensure effective handling of the situation.
- 7.12.14 First Aid. The school will ensure that a suitable numbers of trained first aiders are available. A travelling first aids kit and clear, effective procedures for contacting the emergency services is considered to be the minimum requirement. Procedures to address the needs of injured pupils and the remainder of the group away from school premises and the managing accidents will be included in PE risk assessments.
- 7.12.15 Clothing and Footwear. This must be appropriate to the activity. Suitable footwear must be worn on all occasions. Specific requirements are:
- 7.12.15.1 Games, athletics, cross-country running,
  - 7.12.15.2 Training shoes are acceptable in most circumstances. However, the soles must provide satisfactory grip, particularly in wet conditions. Studded footwear should be worn where appropriate. Participation in ‘everyday shoes’,



- such as those with heels or open toes, must not be permitted under any circumstances. Footwear must always be secured by suitable fastenings. Long, loose laces and flapping tongues present a significant hazard,
- 7.12.15.3 In football related activities, pupils in boots/blades and those in trainers will involve an assessment of the students' footwear to ensure it is suitable part of the on-going risk assessment undertaken by the teacher,
- 7.12.15.4 Indoor activities, (dance, gymnastics, etc.),
- 7.12.15.5 Participation with bare feet will enhance the quality of work considerably, thereby making it much safer. If the condition of the floor does not allow bare feet, then soft soled plimsolls provide the best alternative. During activities, such as 'step aerobics', where excessive and repeated impact might be anticipated, suitable training shoes must be worn.
- 7.13 Risk Assessment. The School Should use The Whole School Risk Assessment (WSRA) to allow a systematic examination of what within our school can cause harm to people and it helps us determine whether we are doing enough, or further actions are required to reduce the likelihood of injury or ill health. CIT Academies policy is to complete a WSRA including all our known and reasonably foreseeable health and safety hazards covering all our premises, people, equipment and activities in order to control risks and to plan and prioritise the implementation of the identified control measures.

Each school will ensure that:

- 7.13.1 WSRA is carried out and records are kept,
- 7.13.2 Control measures introduced as a result of assessments are implemented and followed,
- 7.13.3 Employees are informed of the relevant results and provided with necessary training,
- 7.13.4 Any injuries or incidents lead to a review of relevant assessments,
- 7.13.5 Assessments are regularly monitored and reviewed,
- 7.13.6 Suitable information, instruction and training will be provided to all persons involved in the risk assessment process.
- 7.13.2 We may be controlling risks in various ways, determining the effectiveness of those controls is part of our risk assessment process. It is the responsibility of the Substantive Head Teacher to ensure risk assessments are conducted, although in practice the actual assessment process will be delegated to Heads of Departments and Managers. Generic/Model risk assessments are acceptable so long as the assessor:
- 7.13.2.1 Satisfy themselves that the 'model' risk assessment is appropriate to their work,
- 7.13.2.2 Adapt the model to their own actual work situations.
- 7.13.3 When completing risk assessments, it is necessary to refer to the relevant subject guides:
- 7.13.3.1 Science:
- CLEAPSS <http://www.cleapss.org.uk/>
  - CLEAPSS School Science Service Laboratory Handbook
  - CLEAPSS Hazards
- 7.13.3.2 Food Science;
- CLEAPSS Food Technology <http://www.cleapss.org.uk/>
- 7.13.3.3 Art;
- National Society for Education in Art & Design (NSEAD)



- 7.13.3.4
  - <http://www.nsead.org/hsg/index.aspx>Physical education;
- Safe Practice in Physical Education and School Sport' BAALPE/afPE <http://www.afpe.org.uk/>
- 7.13.3.5 Offsite Visits;
- Health and Safety of Pupils on Educational Visits. DfE
- Outdoor Education Advisers Panel. <http://www.oead.info/>

## 8. Arrangements (Safeguarding to Workplace Transport)

- 8.1 Safeguarding. Please refer to the school specific Safeguarding and Child Protection Policy and CIT safer recruitment policy.
- 8.2 Smoking. Please refer to CIT-Smoking Policy.
- 8.3 Stress. The Health and Safety Executive define stress as “the adverse reaction people have to excessive pressure or other types of demand placed on them”. This makes an important distinction between pressure, which can be a positive state if managed correctly, and stress which can be detrimental to health. Stress at work can come about for a variety of reasons. It may be excessive workload, unreasonable expectations, or overly demanding work colleagues. The school will endeavour to ensure a pleasant working environment and that employees are as free from stress as possible.
  - 8.3.1 CIT Academies will:
    - 8.3.1.1 Work to identify all workplace stressors and conduct risk assessments to eliminate stress or control the risks from stress,
    - 8.3.1.2 Regularly review risk assessments,
    - 8.3.1.3 Consult with employees on issues relating to the prevention of work-related stress,
    - 8.3.1.4 Provide access to confidential counselling for employees affected by stress caused either by work or external factors,
    - 8.3.1.5 Provide training for all managers and supervisory staff in good management practices.
  - 8.3.2 Employees who experience unreasonable stress which they think may be caused by work should raise their concerns with their manager or through the school's grievance procedure. Following action to reduce the risks, they shall be reassessed. If the risks remain unsustainable by the employee concerned, efforts shall be made to reassign that person to other work for which the risks are assessed as tolerable.
- 8.4 Supporting Pupils with Medical Needs. CIT Academies policy is to support pupils to attend school who have a medical condition. The school will therefore support the administration of short- and long-term medication and medical techniques where this is necessary for the pupil to continue to be educated at school. The school will also put in place procedures to deal with emergency medical needs.
  - 8.4.1 Each school will establish procedures to ensure that all concerned, staff, parents, pupils and, where relevant, health professionals are aware of the student's condition and what steps have been agreed either to manage the condition on a daily basis or to be implemented in case of an emergency. It is stressed however that the administration of medication is undertaken on a voluntary basis by staff, and it will only be done where the procedures are followed.
  - 8.4.2 Health Care Plans. Parents are responsible for providing the school with up-to-date information regarding their child's health care needs and providing appropriate medication. Individual health care plans are in place for those pupils with significant medical needs e.g. chronic or ongoing medical conditions such as diabetes, epilepsy, anaphylaxis etc. These plans will be completed at the beginning of the school year / when child enrolls / on diagnosis being communicated to the school and will be reviewed/updated annually. All staff are

made aware of any relevant health care needs and copies of health care plans are available on the school's computer network. Staff will receive appropriate training related to health conditions of pupils and the administration of medicines by a health professional as appropriate.

- 8.4.3 Administering Medicines. No child under 16 should be given medicines without their parent's written consent. Any member of staff giving medicines to a child should check:
  - 8.4.3.1 The child's name,
  - 8.4.3.2 Prescribed dose,
  - 8.4.3.3 Expiry date, and,
  - 8.4.3.4 Written instructions provided by the prescriber on the label or container.
- 8.4.4 If in doubt about any procedure staff should not administer the medicines but check with the parents or a health professional before taking further action. If staff have any other concerns related to administering medicine to a particular child, the issue should be discussed with the parent, if appropriate, or with a relevant health professional.
- 8.4.5 Self-Management. It is good practice to support and encourage children, who are able, to take responsibility to manage their own medicines from a relatively early age. As children grow and develop, they should be encouraged to participate in decisions about their medicines and to take responsibility.
- 8.4.6 Older children with a long-term illness should, whenever possible, assume complete responsibility under the supervision of their parent. Children develop at different rates and so the ability to take responsibility for their own medicines varies. This should be borne in mind when making a decision about transferring responsibility to a child. There may be circumstances where it is not appropriate for a child of any age to self-manage. Health professionals need to assess, with parents and children, the appropriate time to make this transition.
- 8.4.7 Where children have been prescribed controlled drugs, staff need to be aware that these should be kept safely. However, children could access them for self-medication if it is agreed that it is appropriate.
- 8.4.8 Refusing Medicines. If a child refuses to take medicine, staff should not force them to do so, but should note this in the child's record and follow the agreed procedures. Parents should be informed of the refusal on the same day.
- 8.4.9 Educational Visits. Each school will consider what reasonable adjustments they might need to make to enable children with medical needs to participate fully and safely on visits. This might include reviewing and revising the visits policy and procedures so that planning arrangements will include the necessary steps to include children with medical needs. It might also include risk assessments for such children.
- 8.4.10 Sometimes additional safety measures may need to be taken for outside visits. It may be that an additional supervisor, a parent or another volunteer might be needed to accompany a particular child. Arrangements for taking any necessary medicines will also need to be taken into consideration. Staff supervising visits should always be aware of any medical needs and relevant emergency procedures. Copies of health care plans should be taken on visits in the event of the information being needed in an emergency.
- 8.4.11 Sporting Activities. Any restrictions on a child's ability to participate in PE should be recorded in their individual health care plan. All adults should be aware of issues of privacy and dignity for children with particular needs.
- 8.4.12 Some children may need to take precautionary measures before or during exercise and may also need to be allowed immediate access to their medicines such as asthma inhalers. Staff supervising sporting activities should consider whether risk assessments are necessary for some children, be aware of relevant

- medical conditions and any preventative medicine that may need to be taken and emergency procedures.
- 8.4.13 School Transport. Where pupils have life threatening conditions, specific health care plans should be carried on vehicles. The care plans should specify the steps to be taken to support the normal care of the pupil as well as the appropriate responses to emergency situations. All drivers and escorts should have basic first aid training. Additionally, trained escorts may be required to support some pupils with complex medical needs. These can be healthcare professionals or escorts trained by them.
- 8.4.14 Some pupils are at risk of severe allergic reactions. Risks can be minimised by not allowing anyone to eat on vehicles. All escorts should also be trained in the use of an adrenaline pen for emergencies where appropriate.
- 8.4.15 Non-Prescription Medication. Non-prescription medication should not be administered by school. This includes paracetamol and homeopathic medicines.
- 8.4.16 Staff may not know whether the pupil has taken a previous dose, or whether the medication may react with other medication being taken. A child under 16 should never be given medicine containing aspirin, unless prescribed by a doctor.
- 8.4.17 Where it is necessary to administer non-prescription medicine to a child, specific written permission must be obtained from parents / carers and the administration documented.
- 8.4.18 If a pupil suffers regularly from acute pain, such as migraine, the parents should authorise and supply appropriate painkillers for their child's use, with written instructions about when the child should take the medication. A member of staff should notify the parents that their child has requested medication and supervise the pupil taking the medication if the parents have agreed to it being taken.
- 8.5 Temporary Staff and Volunteers. CIT Academies will take the necessary measures to ensure the health and safety of any staff members employed on a temporary or voluntary basis.
- 8.5.1 To achieve this, each school will provide temporary or voluntary staff with the following information prior to starting work:
- 8.5.1.1 Conduct CIT Volunteer Risk Assessment prior to the individual starting work,
  - 8.5.1.2 Details of the qualifications and skills are required to do the work safely,
  - 8.5.1.3 The requirements of the safeguarding policy,
  - 8.5.1.4 Any risks to health and safety identified by workplace risk assessments,
  - 8.5.1.5 The preventive measures to be taken,
  - 8.5.1.6 Safe working procedures,
  - 8.5.1.7 The action to be taken in the event of an emergency.
- 8.5.2 The competence of temporary or voluntary staff will be assessed to ensure they are capable of working safely. Trainee teaching staff or student teachers will additionally be required to complete the proper DBS checks before they are permitted to start work.
- 8.6 Training. Training in health and safety is a legal requirement and also helps create competent staff at all levels within the school to enable them to make a far more effective contribution to health and safety, whether as individuals, teams or groups. Competence of individuals through training helps individuals acquire the necessary skills, knowledge and attitude which will be promoted by managers and supervisors throughout the school. Our training objectives will cover three areas, that of the organisation, the job and individuals.
- 8.6.1 All staff will need to know about:
- 8.6.1.1 The health and safety policy,
  - 8.6.1.2 The structure and system for delivering this policy.

- 8.6.2 Staff will need to know which parts of the system are relevant to them, to understand the major risks in our activities and how they are controlled. Managers and supervisors training needs will include:
  - 8.6.2.1 Leadership and communication skills,
  - 8.6.2.2 Safety management techniques,
  - 8.6.2.3 Skills on training and instruction,
  - 8.6.2.4 Risk assessment,
  - 8.6.2.5 Health and safety legislation,
  - 8.6.2.6 Knowledge of our planning, measuring, review and audit arrangements.
- 8.6.3 All our staff training needs will include:
  - 8.6.3.1 Relevant health and safety hazards and risk,
  - 8.6.3.2 The health and safety arrangements relevant to them,
  - 8.6.3.3 Communication lines to enable problem solving.
- 8.6.4 All staff will also receive induction training. Such training will cover:
  - 8.6.4.1 Fire procedures including warning systems, actions to be taken on receiving warning, locations of exits/escape routes, evacuation and assembly procedures,
  - 8.6.4.2 First aid/injury procedures including reporting and the names of first aiders/appointed persons,
  - 8.6.4.3 Instruction on any prohibition areas (i.e. no smoking),
  - 8.6.4.4 Issue of protective clothing/equipment and its use,
  - 8.6.4.5 Instruction under COSHH,
  - 8.6.4.6 Mandatory protection areas,
  - 8.6.4.7 Thorough instruction applicable to their particular duties at work.
- 8.6.5 Training needs will be reviewed as a result of job changes, promotion, new activities or new technology, following an accident/incident and performance appraisal. Records of training will be kept for all employees. Employees must:
  - 8.6.5.1 Participate in the induction training activities they have been required to attend or carry out,
  - 8.6.5.2 Work according to the contents of any training they receive,
  - 8.6.5.3 Ask for clarification of any points they do not fully understand,
  - 8.6.5.4 Not operate hazardous plant or equipment, use hazardous chemicals or carry out any hazardous activity unless they have been appropriately trained and instructed.
- 8.7 Violence to staff. CIT Academies recognises that in certain situations violent behaviour towards staff may occur and therefore will take all reasonable measures to protect staff from violence and aggression.
  - 8.7.1 We define violence and aggression as:
    - 8.7.1.1 Actual or threatened physical assaults on staff,
    - 8.7.1.2 Psychological abuse of staff,
    - 8.7.1.3 Verbal abuse which includes shouting, swearing and gestures,
    - 8.7.1.4 Threats against employees.
  - 8.7.2 To achieve this objective each school will:
    - 8.7.2.1 Carry out risk assessments of potential conflict situations to determine the control measures necessary to protect staff,
    - 8.7.2.2 Ensure that premises are kept secure,
    - 8.7.2.3 Inform all employees of the procedure following a violent or challenging behaviour incident,
    - 8.7.2.4 Not tolerate violence or challenging behaviour towards our employees,
    - 8.7.2.5 Train our employees who may be exposed to violence or challenging behaviour situations,
    - 8.7.2.6 Support the employees involved in any incident,
    - 8.7.2.7 Support their decisions regarding the pressing of criminal charges,
    - 8.7.2.8 Provide any counselling or post-incident assistance required by the employees,

- 8.7.2.9 Keep records of all incidents of violence and aggression and review the control measures with a view to continual improvement in employee safety.
- 8.8 Visitors. In the interest of safety and security, CIT Academies will take the necessary measures to protect staff and visitors from any accidents or incidents that may occur during visiting.
  - 8.8.1 Employees hosting visitors must ensure that:
    - 8.8.1.1 They are authorised to enter the premises or accompanied,
    - 8.8.1.2 They adhere to applicable health and safety instructions and rules during their visit,
    - 8.8.1.3 Adequate information is passed to ensure their safety including emergency information,
    - 8.8.1.4 Any protective clothing required is provided and worn,
    - 8.8.1.5 Any accidents / incidents involving visitors are reported through the accident reporting arrangements.
  - 8.8.2 Employees aware of people on the premises who may be unauthorised should report these to their manager for action.
  - 8.8.3 Emergency Action. In the event of the fire alarm sounding, all visitors should be escorted to the assembly point by their host. Visitors should not leave the area before notifying the senior person present.
- 8.9 Voice care. Teachers are particularly at risk of developing voice problems. Female voices are more vulnerable, and some subjects, e.g. physical education, music and technology create more risk to the voice than others.
  - 8.9.1 Environmental factors can contribute to voice strain. In schools these can include:
    - 8.9.1.1 Class size,
    - 8.9.1.2 Class layout and design,
    - 8.9.1.3 Noise,
    - 8.9.1.4 Acoustics,
    - 8.9.1.5 Chalk dust, fumes, irritants,
    - 8.9.1.6 Uncomfortable temperature, poor ventilation.
  - 8.9.2 Research also indicates that as the voice influences the listener's reaction, the teacher's voice quality can affect pupil learning. The most common voice misuse is shouting and screaming, strained loud voice and also excessive throat clearing. The usual symptoms of voice problems are:
    - 8.9.2.1 Throat pain when speaking or swallowing,
    - 8.9.2.2 Sore throat in the morning which disappears when the voice "warms up",
    - 8.9.2.3 Hoarse, tired voice in the evening,
    - 8.9.2.4 Increase in mucus,
    - 8.9.2.5 Rapidly changing pitch or loss of control of voice.
  - 8.9.3 We aim to ensure that appropriate steps are taken in to minimise the risks to our employees' voices. To achieve this, we will:
    - 8.9.3.1 Identify those teaching areas where a risk of voice loss may occur,
    - 8.9.3.2 Assess the risk of voice loss in each area,
    - 8.9.3.3 Implement measures to reduce the risk of voice loss as far as reasonably practicable in areas identified as at risk,
    - 8.9.3.4 Provide information to employees on the risk of voice loss and how to reduce the risk,
    - 8.9.3.5 Keep records of reports of voice problems,
    - 8.9.3.6 Refer affected employees to occupational health.
  - 8.9.4 Employees will be encouraged to seek medical help if there is:
    - 8.9.4.1 Persistent hoarseness for more than 2-3 weeks,
    - 8.9.4.2 Regular hoarseness or voice loss,
    - 8.9.4.3 Significant voice quality changes,
    - 8.9.4.4 Constant vocal fatigue,



- 8.9.4.5 Difficulty or pain when swallowing.
- 8.9.5 Monitoring and Review. We will:
  - 8.9.5.1 Keep a log of any incidents or requests for help,
  - 8.9.5.2 Work with Heads of Department to make appropriate risk assessments,
  - 8.9.5.3 Ensure that appropriate action is taken,
  - 8.9.5.4 Log progress and outcomes as part of our health and safety management system,
  - 8.9.5.5 Make a termly report to the Substantive Head Teacher.
- 8.9.6 The Substantive Head Teacher will report on any cases to the Local School Board.
- 8.10 Window restrictors. The fitting and use of window restrictors within school premises is used to ensure the safety and security of members of staff, pupils and visitors. CIT Academies are particularly concerned with preventing persons from falling from height and has fitted window restrictors to remove the possibility of persons opening a gap large enough for a person to fall through. It is therefore essential that all window restrictors are maintained in a good working order and that all staff report defects to their line manager as a matter of urgency.
  - 8.10.1 Site Manager/Caretakers are responsible for checking the window restrictors on a monthly basis. Any window restrictor that is found to be broken will be replaced or repaired as a matter of urgency, but the window must be kept locked shut until repairs are carried out. If the repair will not take place for more than a day, temporary signage will also be put in place to indicate that the window should not be used.
- 8.11 Work at height. CIT Academies will take all reasonable steps to provide a safe working environment for all employees who may be affected by work at height activities.
  - 8.11.1 Each school will ensure that:
    - 8.11.1.1 All work activities that involve work at height are identified and assessed,
    - 8.11.1.2 The need to undertake work at height will be eliminated whenever it is reasonably practicable to do so,
    - 8.11.1.3 All work at height is properly planned and organised,
    - 8.11.1.4 All employees required to use stepladders or ladders are competent,
    - 8.11.1.5 Regular inspections of all stepladders and ladders are undertaken,
    - 8.11.1.6 Any contractors on school property comply with this policy,
    - 8.11.1.7 Ladders and stepladders are secured to prevent unauthorised use.
  - 8.11.2 Risk Assessment for Work at Height. For all activities involving work at height a risk assessment must be conducted and the findings recorded. This assessment should consider both the work to be done and the most appropriate access equipment to be used (not just what is available) to achieve a safe system of work. When determining control measures the following hierarchy of controls for work at height as follows must be considered:
    - 8.11.2.1 Avoid the risk by not working at height, for example by working from existing platforms, using long reach equipment etc. If it is not practicable to do the work safely in some other way then,
    - 8.11.2.2 Use work equipment or other measures to prevent falls,
    - 8.11.2.3 Where the risk of a fall cannot be eliminated further controls to minimise the distance and consequences of a fall should one occur.
  - 8.11.3 The detail of the assessment will depend on the level of risk involved, as a general guide the risk assessment should consider:
    - 8.11.3.1 The task and activity involved,



- 8.11.3.2 The people (medical conditions etc.),
- 8.11.3.3 Equipment to be used including erection and dismantling,
- 8.11.3.4 The location (proximity to roads, overhead electrical cables etc),
- 8.11.3.5 The environment, poor conditions and slippery surfaces (weather, temperature etc.),
- 8.11.3.6 There may be an effect on pedestrians from falling objects.
- 8.11.4 Using Ladders (including stepladders). Ladders should not be used simply because they are readily available, the risk assessment should determine if a ladder or stepladder is appropriate for the task. Ladders and stepladders should only be used for short duration tasks (less than 30 minutes), light duty tasks or where more suitable access equipment cannot be used due to existing features of the site which cannot be altered. For example, whilst a ladder may reach the area of work, if the task requires strenuous work, carrying bulky / heavy equipment or is likely to take more than 30 minutes then an alternative means of access such as a tower scaffold or podium steps would be more appropriate. Only those persons who have been trained to use ladders safely may use them. All ladders should be secured against unauthorised use. Prior to use it should always be ensured that the ladder is in good condition and fit for purpose. Where ladders are to be used to work from it should be ensured that:
  - 8.11.4.1 A secure handhold and support are available at all times,
  - 8.11.4.2 The work can be completed without stretching,
  - 8.11.4.3 The ladder can be secured to prevent slipping.
- 8.11.5 Equipment identification / inspection. The school will compile a register of equipment (excluding kick stools). Where there is more than one piece of equipment each should be indelibly marked with an identifying number. Equipment for work at height, should be inspected prior to use and by a competent person termly/6 monthly. The inspection will depend upon the complexity of the equipment. In the case of tower scaffolds a competent person must inspect these prior to its first use and thereafter every 7 days that it remains in place.
- 8.12 Work equipment. CIT Academies will provide a safe working environment in relation to work equipment safety and ensure all employees receive appropriate safety information and training in their work equipment.
  - 8.12.1 To achieve this objective each school will:
    - 8.12.1.1 Provide work equipment that is suitable for the purpose and compliant with the requirements of the Provision and Use of Work Equipment Regulations,
    - 8.12.1.2 Retain and make available the manufacturer's instruction manual for each item of equipment, where relevant,
    - 8.12.1.3 Before using any item of work equipment, ensure that a risk assessment is carried out and brought to the attention of relevant employees,
    - 8.12.1.4 Inspect all equipment at installation and prior to first use,
    - 8.12.1.5 Regularly inspect work equipment in accordance with the manufacturer's recommendations,
    - 8.12.1.6 Maintain work equipment in accordance with the manufacturer's recommendations,
    - 8.12.1.7 Keep records of all inspections and maintenance,
    - 8.12.1.8 Provide adequate instruction, information and training to employees to enable the work equipment to be used and maintained safely,
    - 8.12.1.9 Provide refresher training as appropriate and as determined necessary by workplace inspections.

8.13 Work experience placement. This Policy on work experience relates to the placement of pupils on employers' premises in which the pupil carries out a particular task or duty, or range of tasks or duties, more or less as would an employee, but with the emphasis on the learning aspects of the experience.

8.13.1 The safety of pupils, whilst on work experience schemes, is recognised as of prime importance by the school and we have appointed a named coordinator to action, control and assess work experience schemes. The coordinator will take reasonable steps to satisfy themselves that the placements they arrange will be safe and to ensure pupils are not exposed to significant risks to their health and safety. Pupils on work experience placements with a host employer are regarded in health and safety law as their employees. The host employer therefore has a responsibility to ensure pupils are not exposed to significant risks to their health and safety.

8.13.2 Health and safety law defines all those under 18 as a young person and therefore at potentially increased risk in a workplace environment due to their lack of experience and maturity. For learners with learning difficulties and disabilities (LLDD) additional safeguards may be identified and thus placements should be considered, and risk assessed on an individual basis.

8.13.3 Key actions:

8.13.3.1 Arrange for pre-placement checks of health, safety and welfare standards of employers (placement providers) to be carried out. Child safeguarding issues must also be considered using the Work Experience Placement Assessment Form,

8.13.3.2 Brief pupils prior to placements starting on their own health and safety responsibilities - and those of the employer - while on placement. Issue each pupil with a copy of the booklet: "Be Safe! An introductory guide to health and safety",

8.13.3.3 Monitor pupils' health, safety and welfare while on placement and provide 'pastoral' support.

8.13.4 Risk Assessments. Before a pupil is allowed to start on a programme of work experience the host employer must carry out a risk assessment. A Placement Employer Risk Assessment Form should be used for this purpose. Any risks identified must either be controlled or the pupil excluded from exposure to them. The host employer must also provide the parents, or guardians, with the key findings of the risk assessment and the preventative and protective control measures introduced to minimise, or ideally eliminate any significant risks. The parent or guardian must sign the risk assessment form and return it to the school.

8.13.5 Induction. Pupils also need to be inducted by the employer on commencement. The induction should take place on the day the pupil first attends the work placement and before the pupil is placed in any actual work situation.

8.13.6 Prohibited and Restricted Activities. Work experience placements must not take place where the work concerned is subject to a statutory restriction based on a young person's age, or is restricted more generally for activities that are:

8.13.6.1 Beyond their physical or psychological capacity,

8.13.6.2 Exposes them to substances chronically harmful to human health, e.g. toxic or carcinogenic substances, or effects likely to be passed on genetically or likely to harm the unborn child,

8.13.6.3 Exposes them to radiation,

8.13.6.4 Involves a risk of accidents which they are unlikely to recognise because of their lack of experience, training or attention to safety,

8.13.6.5 Involves a risk to their health from extreme heat, noise or vibration.

8.13.7 There is an exception to these restrictions. Young persons over the minimum school leaving age can carry out such work as long as it is necessary for their

training, if they are supervised by a competent person, and any risk will be reduced to the lowest level that is reasonably practicable. Restrictions also apply in the following cases:

- 8.13.7.1 Agriculture - restrictions on the employment of young people,
  - 8.13.7.2 Lead - prohibition of employment on employment in certain processes,
  - 8.13.7.3 Potteries - prohibition of employment on employment in certain processes,
  - 8.13.7.4 Wood Working Machinery - prohibition on employment of untrained young people.
- 8.13.8 Preparation of and Support for Learners on Placements. Each school will brief pupils on:
- 8.13.8.1 Realistic expectations for their placement,
  - 8.13.8.2 Supervision arrangements and health and safety responsibilities of pupils and employers,
    - 8.13.8.3 Safeguarding arrangements,
    - 8.13.8.4 Arrangements for mid-placement visit and 'pastoral' support during the placement,
    - 8.13.8.5 Arrangements for debriefing, assessment and recording.
- 8.13.9 The school will make suitable arrangements to visit/monitor pupils on placement as they retain the duty of care for the pupil during the placement. The frequency of visits will vary depending on feedback from pupils and/or their parents, an accident or incident. Host employers should be asked to report immediately (to a previously agreed contact) full details of any accident involving a pupil. The school will provide each pupil with emergency contact details for a member of school staff who can be contacted should an incident occur or if significant concerns arise. This includes early mornings, evenings and weekends, or if a pupil is attending their placement at irregular hours. Emergency contact details must also be available and maintained in situations where a placement continues after the end of the school term into a holiday period.
- 8.13.10 Working Hours. The Working Time Regulations apply to pupils on work placements. Pupils should not work for more than five days in any consecutive seven-day period. However, the number of hours worked, and pattern of work is normally a matter for agreement by the placement provider, school and pupils. Pupils should not be asked to work excessively long hours, or unnecessarily unsocial hours, and should not work more than a standard eight-hour day. Pupils may not be assigned to work during the 'restricted period' between 22:00 and 06:00 (or after 11:00 or before 07:00 depending on the working pattern of the company). Young persons are entitled to a daily rest period of at least 12 consecutive hours in each 24-hour period in which they are at work and to a weekly rest period of at least 48 hours in each seven-day period during which they are at work. Pupils are also entitled to rest breaks if their working time is more than four and a half hours. The rest break should be at least 30 minutes.
- 8.13.11 Safeguarding. There is no requirement to DBS check all staff of the host employer that may come into contact with a pupil on placement. Only a member of staff with day-to-day responsibility for the pupil or as part of their job description – this could be the manager, a supervisor or a mentoring employee – should be required to have a DBS check. In the vast majority of placements – as the employer/employees involved will not have regular unsupervised access to young people at work – there is no need for DBS checks to take place. Around 550,000 work experience placements take place each year, and it is estimated that DBS checks

take place for just one per cent of these. However, DBS checks must be considered in all the following cases:

- 8.13.11.1 Pupils identified by the school as vulnerable for educational, medical, behavioural or home circumstance reasons, including those who have special educational needs or are young (aged under 16),
  - 8.13.11.2 Pupils on placements lasting more than 15 days over an extended period, especially where these involve,
  - 8.13.11.3 Regular lone working with an employer over long periods (rule of thumb would suggest anything over half a day at a time),
  - 8.13.11.4 Placements located in particularly isolated environments with 1:1 working,
  - 8.13.11.5 Placements involving a high degree of travelling on a 1:1 basis,
  - 8.13.11.6 Placements which include a residential element.
- 8.13.12 The fact that a particular placement falls into one of the above categories does not necessarily mean that a DBS check will be required. Such a decision will depend on an assessment of the overall potential risks posed to a young person and will take into account any systems in place to minimise these risks. If any of the above three cases apply, additional safeguards should be put in place. These include:
- 8.13.12.1 School staff or other partners who arrange, vet or monitor the work placements should have training in child protection,
  - 8.13.12.2 Employers, supervisors or training providers hosting pupils should be asked to endorse a child protection policy or statement of principles,
  - 8.13.12.3 School and local authority policies and procedures should define what actions need to be taken by whom and when if any child protection issues are raised, before, during or after the placement,
  - 8.13.12.4 Pupils should also be given clear advice and a point of contact in the school in case of any problems,
- 8.13.13 For clarity, DBS checks and additional safeguards (as above) are not necessary:
- 8.13.13.1 For short-term extended work experience for half a day or a day a week lasting one term or less,
  - 8.13.13.2 For block placements lasting up to three weeks,
  - 8.13.13.3 Where the placement involves contact with visitors who will only have contact with children/young people on an ad hoc or irregular basis for short periods of time,
  - 8.13.13.4 Where people will have contact with children/ young people simply because they are in the same location or as part of their work, but who will not have regular, unsupervised access to the children/young people at work,
  - 8.13.13.5 Where the placement involves Secondary School age pupils undertaking voluntary work, citizenship or vocational studies or work experience in other schools. In these cases, the school placing the pupil should ensure that they are suitable for the placement in question.
- 8.14 Working time regulations. CIT Academies will ensure that all workers under their control adhere to the working time regulations. The working time regulations are designed to

limit the number of hours' individuals have to work. The school will NOT encourage workers to work over the 48 hours, but workers can choose to work longer hours if they wish by opting out. Workers cannot be forced to opt out and can revoke their opt-out if they give a suitable notice period. Individuals who are tired due to working excessive hours are more likely to suffer from mental health problems, general ill health and make mistakes leading to accidents.

8.14.1 A summary of the requirements for adult workers:

- 8.14.1.1 A maximum of 48 hours per week, averaged out over a 17-week reference period (employees can opt out of this),
- 8.14.1.2 Entitlement to a minimum uninterrupted rest period of 11 hours in every 24-hour period with no opt out,
- 8.14.1.3 Entitlement to 28 days paid holiday per year (including statutory holidays) for full time workers (pro-rata for part time workers),
- 8.14.1.4 Maximum of 8 hours per shift for night shift workers,
- 8.14.1.5 Free health assessments for night shift workers,
- 8.14.1.6 24-hour rest period at least once a week, can be 48 hours every fortnight with no opt out,
- 8.14.1.7 Entitlement to a rest break, if working over six hours,
- 8.14.1.8 Employees must not suffer any detriment if they choose not to opt out.

8.14.2 Travelling to and from the normal workplace, break periods, rest periods, holidays and sickness do not count as working time. The reference period of 17 weeks can be increased to 26 weeks or 52 weeks by local collective agreements with recognised trade unions or official employee representatives. A young person's maximum hours are limited to 40 hours per week with no reference period. Young persons are generally excluded from shift working.

8.14.3 Further information. All staff should refer to the Employee Handbook for full details of the school's policy on working times, holidays and other benefits.

8.15 Workplace transport. CIT Academies will take all reasonable steps to control the risks associated with vehicles operating on its premises to ensure a safe site, safe vehicles and safe drivers. In consideration of the above each school will:

- 8.15.1 Assess, implement and maintain appropriate risk control measures to reduce the risks associated with workplace transport on site,
- 8.15.2 Segregate pedestrians from moving vehicles by providing designated safe walkways where it is reasonably practical,
- 8.15.3 Where pedestrians have to cross the traffic routes provide designated crossing points and ensure that priority is given to pedestrians,
- 8.15.4 Reduce reversing manoeuvres wherever possible and ensure adequate arrangements are in place to control the risks associated with any that are necessary i.e. the provision of mirrors,
- 8.15.5 Manage and enforce a safe speed limit on site and employ speed calming measures where necessary,
- 8.15.6 Plan the workplace including designated parking areas to ensure the layout of routes is appropriate for the vehicle and pedestrian activities,
- 8.15.7 Prohibit vehicles parking in no parking areas and where they will obstruct any entrance, exit door and emergency escape route,
- 8.15.8 Ensure the traffic infrastructure is maintained in a safe and suitable condition including roadways, pavements, car parks, signage and lighting,
- 8.15.9 Use 'highway code' signs and road markings to indicate vehicle and pedestrian routes, speed limits and pedestrian crossings,
- 8.15.10 Avoid traffic routes passing closely to vulnerable items such as fuel or chemical tanks, pipelines or other surfaces,



- 8.15.11 Ensure vehicles are suitable for the purpose in which they are used and are properly maintained and are provided with mirrors or other such devices to facilitate safe travel,
- 8.15.12 Ensuring the management of safety, maintenance and the safe operation of the school's vehicles,
- 8.15.13 Carry out school vehicle checks and ensure the timely reporting of vehicle defect and damage,
- 8.15.14 Ensure drivers are authorised to drive that class of vehicle and have received the necessary training and where appropriate ensure drivers have passed medical fitness tests,
- 8.15.15 Any vehicle being driven must be covered by current insurance certificate, MOT and is appropriately taxed where applicable,
- 8.15.16 Ensure loading and unloading of vehicles take place in a safe area and carried in a safe manner with regards to all foreseeable risks including work at height and that the driver ensures loads are secure and stable.

## **9. Risk Assessments**

- 9.1 Risk Assessment involves identifying the hazards present in the workplace or arising out of any work activity and evaluating the extent of the risks involved to employees and others, taking into account existing precautions and their effectiveness. A hazard is something with a potential to cause harm and can include articles, substances, plant or machines, methods of work and the work environment.
- 9.2 Risk is the likelihood of harm from that hazard being realised. Risk increases with the number of people exposed to the hazard and also with the potential severity of the harm i.e. the resultant injury or ill health effect. If there are no hazards, there are no risks. The regulations require that risk assessments are 'suitable and sufficient' in that they should identify all the significant hazards present within the business and its activities and that they should be proportionate to the risk. The assessment should cover all risks that are reasonably foreseeable. The risk assessment must identify all those people who may be affected by the hazard, whether they are workers or others, such as members of the public. We may be controlling risks in various ways, determining the effectiveness of those controls is part of the risk assessment process. Health and safety law does not demand absolute safety when considering what safety controls are required but measures taken should go as far as is 'reasonably practicable'; a balance between risk and costs, the greater the risk the greater the need to commit resources in terms of time and money to remove or control the risk. It is a legal requirement that the significant findings of our risk assessments are brought to the attention of our employees.
- 9.3 Those who are involved in risk assessments should:
  - 9.3.1 Be competent,
  - 9.3.2 Have knowledge and experience of working procedures in practice, potential dangers and strengths and weaknesses of existing precautions,
  - 9.3.3 Have knowledge and experience of how to solve problems identified by the assessment,
  - 9.3.4 Be in a position to give the commitment, co-operation and resources required to implement the assessment results.
- 9.4 It is important that the person carrying out the risk assessment is competent. This means that the person must have the necessary skills and knowledge gained through experience and training and may have qualifications that enable them to make sound judgments.
- 9.5 The five stages of risk assessment:
  - 9.5.1 **STEP 1 - IDENTIFY THE HAZARDS.** Look for hazards by walking around the workplace. List the hazards that could reasonably be expected to cause harm.



Ask for the opinion of employees as they may have noticed things that are not immediately obvious. Examples of hazards include:

- 9.5.1.1 Cables trailing over floors,
- 9.5.1.2 Fire,
- 9.5.1.3 Chemicals,
- 9.5.1.4 Work benches which are too high or too low,
- 9.5.1.5 Electricity,
- 9.5.1.6 Loads which have to be moved manually,
- 9.5.1.7 Work equipment,
- 9.5.1.8 Working environment e.g. ventilation, lighting, heating.
- 9.5.2 **STEP 2 - IDENTIFY WHO MAY BE HARMED AND HOW.** List groups of people and individuals who may be affected by the hazards e.g.
  - 9.5.2.1 Staff,
  - 9.5.2.2 Members of the public,
  - 9.5.2.3 Contractors on the premises.
- 9.5.3 Pay particular attention to vulnerable persons, e.g. those with disabilities, visitors, female employees who are pregnant or who have recently returned to work after having a baby, inexperienced employees or young persons.
- 9.5.4 **STEP 3 - EVALUATE AND CONTROL THE RISK.** Evaluate the risks arising from the hazards and decide whether existing precautions are adequate or if more should be done. When evaluating the extent of the risk, account should be taken of the chance of some harm occurring (likelihood), the likely severity of this, and the number of people who could be affected. The formula:
  - 9.5.4.1  $Severity \times Likelihood = Risk$
- 9.5.5 Is used on the risk forms within this policy manual. Even after all precautions have been taken some risk may remain. Ensure the precautions in place meet standards set by legal requirements comply with a recognised standard, represent good practice and reduce the risk as far as is reasonably practicable. Where additional controls or further action are necessary to reduce the risk, decide what more could reasonably be done by adopting the following principles:
  - 9.5.5.1 Avoid the risk completely,
  - 9.5.5.2 Evaluate risks which cannot be avoided,
  - 9.5.5.3 Combat risks at source,
  - 9.5.5.4 Adapt work to the individual,
  - 9.5.5.5 Make use of technical progress,
  - 9.5.5.6 Replace the dangerous with none or less dangerous,
  - 9.5.5.7 Develop an overall prevention policy,
  - 9.5.5.8 Give priority to measures which protect the greatest number of people,
  - 9.5.5.9 Give appropriate instructions to employees.
- 9.5.6 **IMPLEMENTING AN ACTION PLAN.** Once the level of risk has been determined and the control measures needed to reduce or eliminate the risk established, an action plan should be drawn up with timescales for implementation of the control measures.
- 9.5.7 **STEP 4 - RECORD YOUR FINDINGS.** The significant findings of the assessment must be recorded since these provide evidence that something has been done, it is also a legal requirement. Keep any written assessments for future reference and ensure that employees are informed of the findings and control measures, either existing or additional, that have to be observed and used. In some circumstances the findings of the risk assessment should also be given to others who could be affected, for example agency workers, contractors etc. Hazards and example controls:

Hazard	Example control measures
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<b>Manual handling</b>	Mechanical aids, hoists, getting assistance, breaking loads into smaller units, training
<b>Hazardous substances</b>	Substitution for less hazardous alternatives, extract ventilation, personal protective equipment, training
<b>Work equipment (machinery, tools, etc.)</b>	Guarding, demarcation of danger zones, restricted operation and use planned preventative maintenance, training
<b>Ladders</b>	Avoid working at height. correct type of ladder/stepladders, maintained, training
<b>Electricity</b>	Insulated tools, residual circuit breakers, fuses, earthing, inspection and testing of systems and appliances
<b>Stairs, etc</b>	Good lighting, handrails, non-slip surfaces, slightly raised/highlighted front edges
<b>Fire</b>	Detection/warning systems, fire drills, extinguishers, signs, suitable storage facilities for substances and goods, fire retardant furniture and fittings
<b>Noise</b>	Reduction at source, isolation, ear protection, demarcation of danger zones
<b>Stress</b>	Reduce/increase workload, more control over work, work suitable for the individual, avoidance of monotonous repetitive work
<b>Work Environment</b>	Good lighting, ventilation, redesign layout of area, heaters/coolers

- 9.5.8 **STEP 5 - MONITOR AND REVIEW THE ASSESSMENT.** It is important that the control measures are monitored and that records are kept. A regular review of the assessments should be made to take into account any changes to the methods or systems of work. You should also review the assessment following an accident, where there has been a significant change to the work, if new information comes to light, or if there is any other reason to believe that it may no longer be valid. Following the review, additional control measures should be implemented if required. Even if there are no significant changes since the original risk assessment, it should be regularly reviewed to confirm that it is still relevant and valid.
- 9.5.9 **Fire Risk Assessment.** A fire risk assessment is an organised and methodical look at the premises, the activities carried on there and the likelihood that a fire could start and cause harm to those in and around the premises. The aims of the fire risk assessment are:
- 9.5.9.1 To identify the fire hazards,
  - 9.5.9.2 To reduce the risk of those hazards causing harm to as low as reasonably practicable,
  - 9.5.9.3 To decide what physical fire precautions and management arrangements are,
  - 9.5.9.4 Necessary to ensure the safety of people in your premises if a fire does start.
- 9.5.10 The significant findings of the fire risk assessment, the actions to be taken as a result of the assessment and details of anyone especially at risk must be recorded. It is important that the fire risk assessment is carried out in a practical and systematic way and that enough time is allocated to do a proper job. It must take the whole of your premises into account, including outdoor locations and any rooms and areas that are rarely used. Small premises are assessed as whole, larger premises are divided into rooms or a series of assessment areas using natural boundaries, e.g. process areas, offices, stores, as well as corridors, stairways and external routes. Risk assessments must take account of other

users of the buildings and co-operation and communication of hazard and risk must be shared between businesses to ensure a co-ordinated response is prepared and implemented. One or more competent persons are appointed to carry out any of the preventive and protective measures needed to comply with the legislation. The competent persons are an appropriately trained, employee or, where appropriate, a third-party consultant. The fire risk assessment should demonstrate that, as far as is reasonable, the needs of all relevant persons, including disabled people, have been considered.

9.5.11. Five Steps to Fire Risk Assessment:

9.5.11.1 Identify the hazards:

- Sources of ignition,
- Sources of fuel,
- Sources of oxygen.

9.5.11.2 Identify people at risk:

- Employees,
- People in and around the premises,
- Vulnerable persons, disabled, etc.

9.5.11.3 Evaluate, remove. Reduce and protect from risk:

- Evaluate the risk of fire occurring,
- Evaluate the risk to people from fire,
- Remove or reduce the fire hazards,
- Remove or reduce the risks to people.

9.5.11.4 Consider:

- Detection and warning,
- Firefighting,
- Escape routes and travel distances,
- Lighting,
- Signs and notices,
- Maintenance.

9.5.11.5 Record, plan, inform, instruct and train:

- Record the significant findings and action taken,
- Prepare an emergency plan,
- Inform and instruct relevant people; co-operate and co-ordinate with other businesses,
- Provide training.

9.5.11.6 Review:

- Keep assessment under review
- Revise where necessary

## 10. **Monitoring of Health and Safety**

10.1 Measurement is essential to maintain and improve our health and safety performance to identify how effectively we are controlling risks and how well we are developing a positive health and safety culture. There are two types of performance monitoring, active and reactive.

10.2 Active monitoring. Monitoring is a line manager's responsibility and in this section there are monitoring checklists for each of the key management positions to be used to determine achievement against relevant health and safety standards. In completing the checklist managers are providing evidence that they have carried out monitoring within their areas of responsibility and they are reinforcing their commitment to health and safety objectives in general and helping to develop a health and safety culture. This approach to proactive monitoring gives the school feedback on its performance before an accident, incident or case of ill health.

- 10.3 Managers and supervisors with defined health and safety responsibilities must monitor in detail the areas for which they have day to day control. Much of this checking will be informal and not recorded but formalised, structured checks are also essential to ensure all areas are covered and to demonstrate compliance to senior managers who must in turn seek assurance that first line monitoring is taking place.
- 10.4 Employees who take a proactive interest or represent groups for health and safety can also be involved with monitoring and may take the format of a health and safety tour or if more formally via a devised checklist.
- 10.5 Reactive monitoring. Reactive monitoring of events including accidents, incidents, cases of ill health or property damage provide an opportunity to check performance and learn from mistakes and improve control measures. Trends and common features arising from accident and incident investigation can identify jobs or activities where future health and safety initiatives would be most beneficial. Investigations may also provide valuable information in the event of legal action or an employee claim.
- 10.6 Local School Board

<b>To be completed: Annually</b>		<b>Date:</b>	
<b>Subject</b>	<b>Yes</b>	<b>No</b>	<b>Comment</b>
<b>Health and Safety Management</b>			
Has a report on the last 12 months health and safety performance been prepared?			
Has a Health and Safety Plan for the next 12 months been prepared?			
Are there adequate resources to implement the Health and Safety Plan?			
Are we on target with our Action Plan?			
<b>Health and Safety Performance</b>			
How many accidents/incidents have occurred across the school within the last 12 months?			
How many RIDDOR reportable events have occurred in the last 12 months?			
Is there any outstanding enforcement action?			
Have policies and procedures been revised and implemented to prevent a recurrence of any serious incidents/enforcement action?			
How many employee claims have been made in the last 12 months?			
How many outstanding employee claims are there?			

10.7 Substantive Head Teacher

<b>To be completed: Annually</b>		<b>Date:</b>	
<b>Subject</b>	<b>Yes</b>	<b>No</b>	<b>Comment</b>
<b>Health and Safety Management</b>			
Has a report on the last 12 months health and safety performance been prepared?			
Has a Health and Safety Plan for the next 12 months been prepared?			
Are there adequate resources to implement the Health and Safety Plan?			

Are we on target with our Action Plan?			
Has the Health and Safety Policy been reviewed in the last 12 months?			
Are any new Policies and Procedures required?			
Are arrangements in place to ensure health and safety training is provided throughout the school?			
Is the health and safety training plan up to date?			
Has the Health & Safety Committee met at agreed intervals over the last 12 months?			
Are there any outstanding actions from the H&S Committee meetings?			
Have Heads of Departments completed their monitoring checks?			
Have risk assessments across all areas been reviewed within the last 12 months?			
<b>Health and Safety Performance</b>			
How many accidents/incidents have occurred across the school within the last 12 months?			
Does the accident/incident data indicate areas of concern or in need of greater focus?			
Are there any outstanding employee claims from the last 12 months?			

10.8 Site Manager/Caretaker

<b>To be completed: Annually</b>		<b>Date:</b>	
<b>Subject</b>	<b>Yes</b>	<b>No</b>	<b>Comment</b>
<b>Health and Safety Management</b>			
Is the Health and Safety Policy statement displayed?			
Is the 'Health and Safety Law"- poster and Employer's Liability insurance certificate displayed?			
<b>Risk Assessments</b>			
Are all risk assessments up to date and outstanding control measures listed in an Action Plan?			
Are there any outstanding control measures from previous risk assessments?			
Have risk assessments been brought to the attention of the relevant staff?			
<b>Training</b>			
Have the Health and Safety training needs across the site team been determined, are they up to date?			
Are training needs being met?			
Are training records up to date?			

Is all induction training up to date?			
<b>Fire</b>			
Has the fire risk assessment been reviewed within the last 12 months?			
Have all the actions from the fire risk assessment been completed?			
Has the fire alarm and emergency lighting system been serviced in the last 12 months?			
Has the sprinkler system been serviced in the last 12 months?			
Is the fire alarm tested for audibility on a weekly basis? Are records up to date?			
Is the emergency lighting checked monthly and records kept?			
Has a fire drill been completed each school term?			
Have fire doors been checked to ensure they open fully and close on to the rebate?			
Are the visitor/contractor log books at reception being completed correctly?			
Is the fire logbook up to date?			
<b>Accident and First Aid</b>			
Is there an adequate number of First Aiders are notices clearly displayed with their names?			
Are the first aid boxes fully stocked?			
Is the Accident Book/Forms available for use and are details entered correctly?			
Have all relevant accidents been investigated and completed statements filed for safe keeping?			
<b>Display Screen Equipment (DSE)</b>			
Have workstation assessments been completed and recorded for all 'users' of DSE?			
Have all DSE 'users' been advised on the availability of eye tests?			
Are records kept up to date of eye tests taken and persons issued with glasses?			
Has instruction in the use of DSE been given to all 'users'?			
<b>Hazardous Substances</b>			
Are risk assessments available on the use of all hazardous substances?			
Are hazard data sheets readily available?			
Have staff received COSHH training?			
Are hazardous chemicals stored securely?			
<b>Lifts/Hoists</b>			
Are all lift maintenance contracts in place?			



Are all lifts examined in line with the legal requirement under LOLER?			
Are all servicing and lift examination reports kept readily available for examination?			
<b>Roof Areas</b>			
Are roof access doors kept locked and keys retained under the control of a responsible person?			
Is lighting adequate including provision of emergency lighting where the roof has to be accessed in emergencies outside daylight hours?			
Is roof edge protection adequate to prevent falls?			
Are fragile areas e.g. roof lights, protected?			
Are surfaces free from debris, algae and in good condition?			
<b>Plant Rooms</b>			
Are plant rooms kept locked and keys retained under the control of a responsible person?			
Is lighting adequate including provision of emergency lighting where plant room has to be accessed in emergencies?			
Are plant rooms clean, tidy and not used as storage areas?			
Are main isolation switches clearly labelled?			
Are all moving parts of plant and equipment guarded to prevent any person entering the plant room from coming into contact with them?			
Are protrusions, pipework, ducting, low ceiling heights, etc that may cause tripping hazards or head bumps highlighted and padded?			
<b>Equipment</b>			
Are all items of furniture in a safe condition?			
Is all the Site Team (Caretakers) equipment serviced as required? Are service records up to date?			
Is all equipment provided maintained in a safe condition?			
Are window restrictors fitted above ground level checked at least termly?			
<b>Noise</b>			
Are systems in place to prevent staff being exposed to excessive noise?			
Have staff received training on the control measures for reducing noise to an acceptable level?			
Are noise levels monitored to ensure noise reduction methods are working?			

Do all personnel wear ear defenders in hearing protection zones?			
<b>Work at Height</b>			
Has a specific risk assessment been performed on all tasks involving work at height?			
Following the assessment, are appropriate control measures being implemented?			
Are assessments regularly reviewed?			
Are assessments reviewed following an accident/incident or whenever the nature of the work changes?			
Are all persons involved with work at height suitably trained?			
Is the work at height supervised?			
Are all ladders/stepladders suitable?			
Are all ladders/stepladders included on an inventory and checked periodically?			
Are ladders/stepladders kept secure to prevent unauthorised use?			
<b>Construction Projects</b>			
Is the competence of contractors being checked prior to commencing work?			
Are principal contractors and designers appointed and provided with pre construction information?			
Are welfare arrangements made for all projects?			
Is a copy of the health and safety file retained for each project?			
<b>Asbestos</b>			
Is the asbestos survey up to date?			
Are sites of asbestos regularly checked and recorded?			
Are contractors made aware of sites of asbestos prior to starting work?			
Is all asbestos awareness training up to date?			
<b>Legionella bacteria</b>			
Are water temperatures monitored and records kept up to date?			
Are all shower heads descaled termly?			
Are water system flushed through after holiday periods?			
Are hot water temperatures controlled? (max 43 degree °C in areas where vulnerable pupils may come into contact)			
<b>Gas Cylinders</b>			

Are there proper storage areas for flammable liquids and gases, e.g. liquefied petroleum gas and acetylene?			
Are areas where cylinders are used and stored suitably signed to indicate their presence?			
<b>Vehicles including Minibuses</b>			
Are all servicing and MOT records up to date?			
Have driver licences been checked within the last 12 months?			
Are daily vehicle checks being completed?			
<b>Playground and Gymnasium Equipment</b>			
Is the playground and the gymnasium equipment being inspected at least annually by a competent person and records kept?			
Are weekly checks completed of all playground equipment?			

10.9 Teachers

<b>To be completed: Annually</b>		<b>Date:</b>	
<b>Subject</b>	<b>Yes</b>	<b>No</b>	<b>Comment</b>
<b>Health and Safety Management</b>			
Are all Policies and Procedures being adhered to?			
<b>Risk Assessments</b>			
Have risk assessments been completed for all equipment and activities likely to result in injury?			
Are risk assessment actions implemented?			
Have all risk assessments been reviewed with the last 12 months?			
Have all staff signed off the risk assessments?			
<b>Training</b>			
Have all staff received induction training?			
Have all staff received relevant health and safety training?			
<b>Classroom safety</b>			
Are fixtures and fittings in a good state of repair?			
Are floors and traffic routes kept free of tripping and slipping hazards?			
Is the flooring in a good condition?			
Are there any changes in floor level or type of flooring that need to be highlighted?			

Are gangways between desks kept clear? Is there adequate space for pupils and teachers?			
Are trailing electrical leads/cables prevented wherever possible?			
Is lighting bright enough to allow safe access and exit?			
Are procedures in place to deal with spillages, e.g. water, chemicals, blood from cuts?			
Is there safe means of access to high areas such as an 'elephant-foot', step stool or stepladder?			
Are permanent fixtures in good condition and securely fastened, e.g. cupboards, display boards, shelving?			
Is furniture in good repair and suitable for the size of the user, whether adult or child?			
Where window restrictors are fitted to upper-floor windows, are they in good working order?			
<b>Storage Areas</b>			
Are storage areas kept tidy and floors free from obstruction?			
Are all stored items easily retrievable?			
Is all shelving/racking secured to prevent toppling?			
Is care taken not to overload shelving and racking?			
Is the storage of items on top of cabinets prohibited?			
Are goods and items stacked neatly?			
Are all stacks kept within a reasonable height to prevent them from becoming unstable?			
Is there a safe means of access to high areas?			
<b>Gas Safety</b>			
Are the gas supply isolators readily identifiable and accessible?			
Is a copy of the emergency procedure displayed at or near the gas meter?			
Are gas appliances inspected and tested at prescribed intervals?			
<b>Electricity</b>			
Have all portable electrical appliances been checked within the last 12 months?			
Are all visible items of the fixed installation e.g. sockets, switches etc. free from any obvious signs of damage? Are all visible items of the fixed installation free from any obvious signs of tampering?			

Are all sockets free from any obvious signs of overloading?			
Do all portable electrical appliances appear to be free from any obvious signs of damage?			
<b>Manual Handling</b>			
Are steps taken to minimise the risk of injury from manual handling?			
Are manual handling assessments completed?			
Are manual handling aids/trolleys provided wherever possible?			
<b>Equipment</b>			
Is all equipment properly guarded?			
Are daily pre start safety checks completed and recorded?			
Can all items of equipment be isolated to allow safe maintenance?			
Is all equipment subject to periodic maintenance?			
Are maintenance records kept?			
<b>Hazardous Substances</b>			
Are risk assessments available on the use of all hazardous substances?			
Do staff who use hazardous substances know where to find information on them?			
Are all substances properly and securely stored?			
Are all substances in their original, properly labelled containers?			
Are all items of personal protective equipment required available and used?			
<b>Personal Protective Equipment and Clothing</b>			
Are adequate numbers of goggles/safety glasses provided?			
Are the goggles/safety glasses checked termly?			
Are suitable aprons provided?			
Are aprons regularly laundered?			

## 11. References

- 11.1 CIT Education Visits Policy
- 11.2 CIT Health & Safety Handbook
- 11.3 CIT Safeguarding Policy
- 11.4 CIT Safer Recruiting Policy
- 11.5 CIT Smoking Policy

11.6 CIT Vehicle Policy

**12. Acronyms**

- 12.1 ACMs – Asbestos Containing Materials.
- 12.2 CCDC – Consultant in Local Disease Control.
- 12.3 CEO – Chief Executive Officer.
- 12.4 CIT – Community Inclusive Trust.
- 12.5 CLEAPSE – Consortium of Local Education Authorities for the Provision of Science Equipment.
- 12.6 COSHH – Control of Substances Hazardous to Health.
- 12.7 DATA – Design & Technology Association.
- 12.8 DfES – Department for Education and Skills
- 12.9 DSE – Display Screen Equipment.
- 12.10 EFAW – Emergency First Aid at work.
- 12.11 GP – General Practitioner.
- 12.12 H&S – Health and Safety.
- 12.13 HPA – Health Protection Agency.
- 12.14 HSE – Health and Safety Executive.
- 12.15 IET – Institution of Engineering and Technology.
- 12.16 MIDAS – Minibus Driver Assessments and training.
- 12.17 MOT test – Ministry of Transport test.
- 12.18 mph – Miles Per Hour.
- 12.19 OPSI – Office of Public Sector Information
- 12.20 PAT – Portable Appliance Testing.
- 12.21 PEEP - Personal Evacuation Plans.
- 12.22 PPE – Personal Protective Equipment.
- 12.23 RIDDOR – Reporting of Injuries, Diseases and Dangerous Occurrences Regulations.
- 12.24 RoSPA – Royal Society for the Prevention of Accidents.
- 12.25 SEN – Special Educational Needs.
- 12.26 SWL – Safe Working Load.
- 12.27 WEL – Workplace Exposure Limit.

**13. External References**

Consortium of Local Education Authorities for the Provision of Science Equipment website.  
Construction work and the Construction (Design and Management) Regulations 2015.  
Control of Asbestos Regulations 2012.  
COSHH regulations 2002.  
DVLA Website.  
Worknest Advice Line.  
Health and Safety Executive Website. [www.hse.gov.uk](http://www.hse.gov.uk)  
Health Protection Agency Website.  
National Archives ([www.legislation.gov.uk](http://www.legislation.gov.uk))  
Office of Public Sector Information website.  
Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013.  
Wiring Regulations (BS 7671) published by the Institution of Engineering and Technology (IET).

**14. Amendments to the Document**

This is the second iteration in this format of this document. This document has then been created and updated to suit the needs and requirement of the Community Inclusive Trust and all of its associated satellite educational sites and premises.